



NEWSLETTER

Volume: 23 Issue: 3

12 Asadh, 2083 (June 26, 2026)

“Success is no accident. It is hard work, perseverance, learning, studying, sacrifice, and most of all, love of what you are doing.” ~Pelé

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From the Principal's Desk

Dear Parents,

Namaskar and warm greetings from Pathshala! As we enter the month of Ashar, we extend our heartfelt gratitude to all parents, teachers, and students for their sincere participation in the learning process.

The first Mid-Term Assessment has recently concluded, and we appreciate every student's effort in demonstrating their learning. We also thank parents for their active and meaningful participation during the Parents-Teachers Conference (PTC). Your engagement makes a real difference in your child's growth.



Theme of the Month: Nepali Literature & FIFA World Cup 2026

Nepali Literature

Students will explore the richness of Nepali literary traditions through:

- Poems, stories, essays & speeches
- Poetry recitations & storytelling
- Bhanu Jayanti competitions (19 Ashar)
- School-wide celebration on 29 Ashar

FIFA World Cup 2026

Students will develop curiosity and global awareness through:

- Grade-wise FIFA World Cup projects
- Exploring host nations & cultures
- Learning from football legends
- Lessons in teamwork & perseverance

A Tip for Parents & Teachers

One of the best ways to nurture children's curiosity is by staying informed ourselves. We encourage parents and teachers to regularly follow current affairs through newspapers, educational websites, documentaries, and reliable news sources.

Following the FIFA World Cup 2026 can spark rich conversations at home about geography, culture, teamwork, fitness, mathematics, and global citizenship. Try asking your child:

Conversation Starters

- Which country won yesterday's match?
- Where is the match being played?
- What qualities make a good team captain?
- What can we learn from athletes' dedication?





Celebrations & Activities

Date	Grade	Event
3 Ashar	Grade III	Eat Your Vegetables Day - activities on healthy eating & nutrition
8 Ashar	Grade VI	International Day of Yoga - yoga, mindfulness & well-being activities
8 Ashar	Music Club	World Music Day - performances celebrating creativity & artistic expression
11 Ashar	All Grades	Community Service Programme begins under Social Club guidance
17 Ashar	Grade II	International Fruits Day - balanced diets & healthy lifestyle awareness
19 Ashar	Grades I-V	Bhanu Jayanti Literary Competitions - recitation, storytelling, creative writing
29 Ashar	All School	Bhanu Jayanti Celebration - student showcases & Nepali literature tribute

Note: *Shrawan 18-26 - First Terminal Examination*

Student Leadership Development

Student leadership remains a cornerstone of Pathshala's educational philosophy. This month, meetings will be held with House Captains, Club Captains, and School Captains to strengthen leadership skills and clarify responsibilities.

The official Captain's Badge Distribution and Oath-Taking Ceremony will be held in assembly. We congratulate all student leaders and encourage them to lead with responsibility, integrity, and service.

Study Habits: Consistency Matters

As we move into the third month of the academic session, we encourage all students to build a consistent daily study routine. Meaningful learning grows from small daily efforts, not last-minute preparation.

Habits of Successful Students

- Revise lessons regularly
- Complete assignments on time
- Read daily and ask questions
- Stay actively engaged in class

Grades I-III (Parents)

Parental support is essential. A regular study schedule, quiet space, and positive encouragement make a significant difference.

Grades IV and Above

Occasional reminders, discussions about learning goals, and appreciation of effort help build self-discipline and independence.

"Little by little, a little becomes a lot."

Health Reminder: Monsoon Season

With the arrival of the monsoon, we request all students, parents, and staff to pay special attention to health and hygiene. Please encourage children to:

Monsoon Health Checklist

- Drink sufficient water throughout the day
- Carry a water bottle to school
- Eat fresh and nutritious food
- Maintain personal hygiene
- Avoid unnecessary exposure to rain
- Get adequate rest every night

Proper hydration improves concentration, energy levels, physical health, and overall learning readiness.

Looking Ahead

The month of Ashar offers rich opportunities for learning through literature, sports, leadership, community service, health awareness, and creative expression. We look forward to working together with you to make these experiences truly meaningful for our students.

This edition of the newsletter features subject-wise highlights from the classroom. We encourage parents and guardians to read through it and gain insight into how students are being engaged and supported across different subject areas.

Thank you for your continued trust, support, and partnership in your child's educational journey.

With warm regards,

Bishwonath Kandel

Principal

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From the Desk of Level Coordinator (I-III)

"The best learning happens when children are actively engaged with the world around them - exploring, questioning, creating, and reflecting."
- Vince Gowmon

This month has been a celebration of learning through doing - a philosophy that lies at the heart of our School-Made Curriculum (SMC). We are delighted to share the enriching learning journeys of our Grade I-III students as they stepped beyond classroom boundaries to explore meaningful themes such as family, environment, health, and community through hands-on and experiential activities. These experiences have helped our young learners develop curiosity, confidence, responsibility, collaboration, and a deeper connection with the world around them.

Grade-wise Highlights

Grade I: Curriculum Sharing: Building a Strong Foundation Together

It gives me immense pleasure to extend my sincere gratitude to all parents and guardians for your active participation and thoughtful contributions during the recent Curriculum Sharing Session. Your presence, valuable suggestions, and enthusiasm have strengthened the partnership between home and school; a partnership that plays a vital role in supporting the holistic development of our children. The session provided an opportunity to understand our teaching-learning approaches, school systems, and the ways we can work together to create meaningful learning experiences for our young learners.



Family Visit Experience: Learning Beyond Classroom Walls

As a continuation of the theme "Me and My Family," Grade I students participated in meaningful family visit experiences. Through guided observations, conversations, and reflection activities, students explored family roles, responsibilities, traditions, and values in a real-life context.

We sincerely appreciate the warmth and support extended by the families who welcomed our students and contributed to making this learning experience memorable.



Grade II: Exploring Fruits, Farming, and Healthy Choices

Aligned with the curriculum theme "Living and Non-Living Things" and the areas of Health and Environment, Grade II students are preparing for an experiential learning journey to explore the world of fruits.

Through their upcoming visit to Bagwani Kendra, Kirtipur, students will learn about different varieties of fruits, seasonal availability, cultivation practices, and the importance of fruits in maintaining a healthy lifestyle. The visit will also provide them with an opportunity to understand how fruit farming contributes to livelihood and environmental sustainability.

The learning experience will be further extended through the celebration of International Fruits Day, where students will engage in meaningful activities such as identifying and naming fruits in both Nepali and English, participating in group discussions on their nutritional values, presenting creative performances, and preparing simple fruit-based recipes.

Grade III: Growing Healthy Habits, Greener Futures

Field Visit to Kalimati Vegetable Market: Understanding Food Systems

To deepen their understanding of where our food comes from, Grade III students visited Kalimati Vegetable Market. Students explored different varieties of vegetables, interacted with vendors, asked meaningful questions, and gained insights into economic activities.

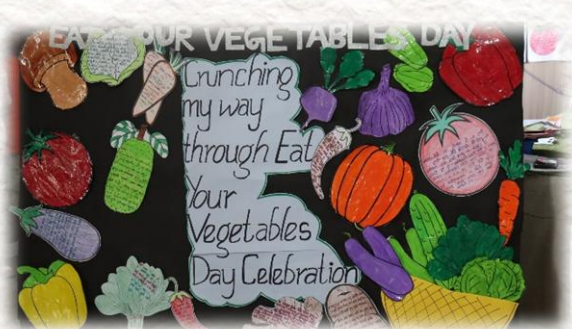
The experience helped students understand food sustainability, hygiene practices, and the importance of supporting local farmers and producers.



Eat Your Vegetables Day: Growing Healthy Habits through Learning

As part of the School-Made Curriculum, Grade III students celebrated Eat Your Vegetables Day with creativity, enthusiasm, and meaningful learning.

The celebration connected classroom learning with real-life experiences as students shared their vegetable market visit reflections, presented amazing facts about vegetables, and showcased their talents through dance performances, songs, skits, poems, and thoughtful sharing sessions. The enthusiastic audience greatly appreciated the meaningful presentations. The celebration concluded with an interactive discussion on the importance of vegetables and healthy eating habits.



World Environment Day Exhibition: Celebrating Young Environmental Thinkers

To mark World Environment Day, students from Grades I-III presented creative projects highlighting their understanding of environmental responsibility and sustainable practices.

Grade I: "My Green Family"

Grade I students participated in a plantation drive with their families and beautifully showcased their plantation experiences through pictures and reflections.

Students also participated in an environmental walk around the school premises, collecting dry leaves, twigs, flowers, and other plant materials. These natural resources were creatively transformed into beautiful collages representing different living beings. Their thoughtful creations were displayed during the exhibition and appreciated by visitors.



Grade II: "From Waste to Wonder: Caring for Our Planet"

Grade II students focused on the theme of 3R - Reduce, Reuse, and Recycle. They created innovative models using recycled and waste materials to promote environmental awareness.

Students also planted different fruit plants as part of their integrated learning with International Fruits Day, encouraging a connection between nature, nutrition, and sustainable living.



Grade III: "Kitchen Garden"

Grade III students proudly presented their long-term Kitchen Garden Project. Students also participated in the "My Eco-Friendly Habit" checklist activity and created useful and creative items under the theme "Trash to Treasure." The exhibition provided an excellent platform for students to demonstrate their understanding of environmental protection and their responsibility towards creating a cleaner and greener future.



Reflecting on Progress: Mid-Term Parent-Teacher Conference (PTC)

As we approached the midpoint of the First Term, the Mid-Term Parent-Teacher Conference (PTC) was successfully conducted. We sincerely appreciate the wonderful presence, enthusiasm, and valuable feedback shared by parents and guardians.

These individual interactions provided an important opportunity for parents and teachers to reflect on each child's academic progress, personal development, strengths, and areas for further growth.

Grounded in our Continuous Assessment System (CAS), the process goes beyond academic scores. It focuses on understanding each learner's journey and developing personalized strategies to support their overall growth.

We continue to monitor students' classroom participation, academic progress, and co-curricular engagement to ensure balanced development and meaningful learning experiences.

Gratitude and the Journey Ahead

We extend our heartfelt gratitude to all parents and guardians for your continuous encouragement, trust, and active involvement. Your partnership remains an essential part of creating a nurturing and enriching environment for our learners.

As we continue this academic journey, we remain committed to providing joyful, relevant, and value-based learning experiences that inspire curiosity, creativity, and confidence in every child.

Warm regards,

Nitasha Giri

Level Coordinator

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From the Desk of ECA Coordinator

Dear Parents, Guardians, and Well-wishers, Namaste!

We sincerely extend our heartfelt gratitude to all parents, guardians, teachers, and students for your continuous support and constructive feedback in enriching our Extracurricular Activities (ECA) programmes. Your active participation and encouragement have played a pivotal role in motivating our students to explore, compete, and shine beyond the classroom walls.

- This term marks the starting of our **Swimming Classes**, running from **Baishakh 24 to Asar 1**. As it is already completed, we had organized a grade-wise swimming competition, medal and certificates for winners will be providing shortly.
- Our Music/Dance instructors and Arts and Craft teachers are working collaboratively to make different events and celebrations successful. They have played vital role in 'Eat your vegetables day' celebration of Grade-3.
- The school has successfully selected the School Captain, House Captains for this academic session. These student leaders have been chosen based on their leadership qualities, responsibility, dedication, and ability to inspire others.



The Badge Distribution and Oath Taking Ceremony will be held on 16th Asar. This special occasion will officially recognize their roles and responsibilities as student leaders. We wish them all the best.

- The students of Grade 7 participated in a free eye camp organized by the Pathshala Scout in collaboration with Tilganga Hospital and Lalitpur Ward No. 4. The program was conducted at Fulari Gumba, Jagdol, Gokarna, where free eye check-ups, treatments, and operations for cataract (Motibindu) patients were carried out.
- During the program, the students actively engaged in various social service activities by assisting in the management and smooth operation of the camp. Their participation provided them with meaningful exposure to community service, charity, compassion, and the importance of humanity.
- On 22nd Jestha, the entire school celebrated "World Environment Day" by exhibiting various project works based on different environmental themes. The program aimed to promote environmental awareness, creativity, and active participation among the students.
- Morning Futsal and Basketball training session for Grade 5 to 8 started on 4th Jestha are ongoing with great enthusiasm and active participation.

Student Achievement:

- Mr. Nayansh Dangol of Grade 3 secured the position within top 10 in the 21st Annapurna Chess Championship organized by Annapurna Secondary School. Congratulations !!!



A Glimpse of Upcoming Major Events:

- In celebration of World Music Day, students from Grades VII and VIII who are members of the Music Club had presented a short musical Orchestra along with informational sharing and on world music day, international music day and their history and importance.
- To honor the legacy of Nepal's first poet, often referred to as "Adikavi" Bhanubhakta Acharya, our school will celebrate Bhanu Jayanti with a series of Nepali language arts-based workshops and classroom-based activities.

We are incredibly proud of our students' achievements and their active participation in these diverse activities. Your support and encouragement play significant role in their success, and we look forward to seeing you at upcoming events.

Sincerely,
Tulasha Pahadi
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