



NEWSLETTER

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12 Jestha, 2083 (May 26, 2026)

*"Nature is the source of all true knowledge. She has her own logic, her own laws, she has no effect without cause nor invention without necessity."
— Leonardo da Vinci*

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From the Principal's Desk

Theme of the Month: ENVIRONMENT

This month, we invite every student, parent, and teacher to look around at the trees lining our streets, the rivers that shape our valleys, the air we breathe, and ask: What is our relationship with the natural world, and what can we do to protect it?

The environment is not a subject in a textbook. It is our home. This month's theme encourages children to explore, observe, and share what they discover about the world around them.

to ensure alignment in teaching and learning. All teachers designed a structured first-week plan focused on welcoming students through engaging, activity-based sessions to help them connect with peers, teachers, and the school environment. Our non-teaching staff also participated in orientation sessions to strengthen their roles in supporting school operations.

"The Earth does not belong to us. We belong to the Earth."

How Students Will Share Their Discoveries

Each morning in the mass assembly, students will have the opportunity to share something they have explored about the environment, a fact, an observation, a poem, a drawing, or even a question that keeps them curious. In classrooms, students will share on a turn-wise basis, so every child has a voice.

We warmly encourage parents to be partners in this journey. Please take a few moments to:

- Talk to your child about what they notice in nature: the season, the birds, the plants around your home.
- Help them prepare a short sharing: it could be a drawing, a fact, a story, or a 2-minute talk.
- Visit a park or garden together, or simply look at the sky. Curiosity begins at home.

Your encouragement means everything. A child who feels supported at home comes to school ready to share, ready to learn, and ready to lead.

Celebrations We Are Grateful For

What a beautiful Jetha it has been, filled with warmth, colour, and community.

Grade 1 students visited one of their parents' homes and beautifully marked the International Day of Families in our morning assembly, reflecting on what makes families special in all their forms. It was a celebration full of heart.



Similarly, grade II visited Swoyambhunath and celebrated Buddha Jayanti in the school. Grade V led a vibrant commemoration of the World Day for Cultural Diversity in the assembly, celebrating the richness of different cultures, languages, and traditions that make our world

so extraordinary. Grade VIII celebrated Mother's Day. Watching our students honour the mothers and caregivers in their lives, with you by their side, was truly moving. All these moments remind us why we do what we do.



Yearly Course Book (YCB) and Curriculum Sharing

We believe that a great education is built on transparency and partnership. This month, we are sharing the YCB with all families. It gives you a clear window into the plans, activities, and learning journeys that Pathshala has designed for your child this year.

We warmly encourage you to read through it and share your thoughts with us at our school email: pnf2002@pathshala.edu.np. Your feedback helps us grow.

Curriculum Sharing this term will bring teachers and parents together face-to-face:

- Grade 1 parents: In-person Curriculum Sharing session on Friday, 15th Jestha.
- New parents of Grade 2-8: An Induction Session will be held on the same day (15th Jestha).

A detailed notice will be sent to parents ahead of the sessions. We look forward to these conversations because the more we understand each other's goals for your child, the better we can work together.

Mid-Term Assessment (MTA): 26th to 29th Jestha

The first Mid-Term Assessment will be conducted from 26th to 29th Jestha for Grades IV through VIII. Students will take two written tests per day as part of their ongoing formative assessment.

A gentle reminder about the spirit of these assessments: the MTA is not designed to create pressure, but to support learning. It helps teachers understand where each student stands and how to guide them further. The results will be integrated into the term grades and shared with parents at the Parents-Teachers Conference (PTC), scheduled for Saturday, 6th Ashadh.

Individual conference timings will be communicated closer to the date. We encourage all students to stay consistent in their daily studies, not to prepare for these tests, but because consistent learning is how real understanding grows. The test then simply becomes a natural reflection of that effort.

The grades I-III will be going through On-going Assessments during these phases of MTA. Teachers summarize their learning made so far and prepare a guiding plan accordingly. These ongoing assessments and the students' progress will be shared with parents during PTC.

Pre-Uni Events

Farewell, Dear Graduates, and a Warm Welcome to New Beginnings

There are moments in the life of a school that feel both joyful and tender at once. This is one of them. We bid a heartfelt farewell to the graduating batch of 2022: our Grade 10 and Grade 12 students, who have walked the corridors of Pathshala, filled our classrooms with energy and ideas, and grown into young people of remarkable character. Today, they step forward. And we could not be prouder.

"You are not leaving school. School is leaving with you — in every question you ask, every value you hold, every kindness you choose."

To our Grade 10 graduates: You have completed a significant chapter, years of curiosity, effort, and becoming. The world of possibilities stretches wide before you. Whatever path you choose next, carry with you the love of learning, the habit of integrity, and the courage to keep asking why.



To our Grade 12 graduates: You have reached the summit of your school journey, and what a climb it has been. You have sat with difficult questions, carried your responsibilities with grace, and shown the younger students what it means to lead. The world needs people like you: thoughtful, grounded, and ready.

To the parents of our graduates: thank you for trusting us with your child's years. These were not just years of study, they were years of growing up, of making friends, of discovering who they are. We are honoured to have shared that journey with you.

Building the Habit of Everyday Learning

"Education is not preparation for life; education is life itself." — John Dewey

As we move through the year with assessments on the horizon, we want to take a moment to speak not about marks but about a habit that will serve our children for life: the habit of learning every single day.

There is a quiet but powerful difference between a student who studies only when an exam is near and one who engages with learning a little each day. The first experiences anxiety and cramming. The second experiences growth, confidence, and genuine understanding. Think of it like watering a plant — a little water every day creates deep roots; flooding it once a week does not.

For Parents of Grades 1-3

At this age, children are learning what learning feels like. Your role is beautifully important. Sit with them. Ask them what they studied today. Help them create a small, simple daily routine, 20 to 30 minutes of reading and revision at a fixed time each day. Celebrate small wins: a new word learned, a sum done correctly, a story read on their own. These moments of shared joy build a love of learning that no examination can create.

For Parents of Grades 4 and Above

Your child is growing into independence, but they still need your gentle presence. A good reminder, 'Have you done your home study today?' is sometimes all it takes. When they follow their routine, notice it. Appreciate it. A simple 'I noticed you studied on your own today, well done' does more than you know. Help them make a realistic weekly home study plan and encourage them to follow it, not as a rule, but as a gift they give themselves.

For Our Teachers

Every lesson, every question answered with patience, every moment of genuine engagement with a child is a seed planted. Thank you for designing learning that makes students want to come back the next day. Let us keep creating classrooms where curiosity is the rule, not the exception. Together, teachers, parents, and students, we can build something lasting: not just academic success, but a generation of lifelong learners who find joy, purpose, and meaning in the act of learning itself.

"Tell me and I forget. Teach me and I remember. Involve me and I learn."

— Benjamin Franklin



Warmest regards,
Mr. Bishwonath Kandel
Principal

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From the Desk of Level Coordinator (I-III)

"Education is not the filling of a pail, but the lighting of a fire." - W.B. Yeats

A Joyful Beginning to Academic Session 2083

Namaskar!

It gives me immense pleasure and heartfelt excitement to share the first newsletter of the academic session 2083 for Grades I-III. The beginning of a new academic year always brings fresh energy, curiosity, and countless opportunities for growth, and our young learners have already embarked on this journey with great enthusiasm and joy.

The new session commenced with a series of thoughtfully planned First Week Activities (FWA) designed to help students transition smoothly into the school environment while fostering confidence, responsibility, collaboration, and a sense of belonging. Through interactive discussions, creative classroom experiences, games, and explorations, students were encouraged to connect with their peers, teachers, and learning spaces in meaningful ways.

Glimpses of First Week Activities (FWA)

Some of the major activities conducted across Grades I-III included:

- Quiet Time sessions to promote mindfulness, focus, and emotional regulation
- Ice-breaker and introduction activities such as "Pick a Stick," "About Me," and "Human Bingo"
- Discussions and collaborative activities on school norms and expected behaviours
- Team-building games to strengthen friendship, empathy, and cooperation
- SMART Goal Setting and expectation-sharing sessions
- Environmental walks around the school premises
- Tray, folder, and merit card envelope decoration activities
- Classroom job distribution to encourage responsibility and leadership
- Conversations on maintaining healthy and structured home routines
- Introduction to Term-I course content through engaging real-life connections

These activities created a warm, welcoming, and joyful learning atmosphere, helping students begin the year with confidence and positivity.

Grade-wise Highlights

Grade I

International Day of Families Celebration

Our Grade I learners celebrated the International Day of Families under the theme "Me and My Family," beautifully aligning with both the school curriculum and the national curriculum. Through sharing sessions, creative activities, songs, and classroom discussions, students explored the importance of family, love, care, and togetherness.

The celebration encouraged learners to appreciate the diversity of family structures while strengthening empathy, respect, and emotional connections with their loved ones.

Ongoing Family Visit Program

To extend learning beyond the classroom, Grade I students are participating in meaningful Family Visit Experiences where they visit the homes of their classmates to learn about family members, traditions, roles, responsibilities, values, and daily life experiences.

We extend our heartfelt gratitude to:

Mr. Suraj Bajracharya and Ms. Nilima Shakya, parents of Master Ryaan Ratna Bajracharya (1C) for warmly welcoming our students into their home and making the experience enriching and memorable for our learners.



Similarly, Grade 1A and 1B students will soon be visiting another family from their class as part of this ongoing learning initiative.

Grade II

Educational Visit to Swayambhunath

Our Grade II students embarked on an educational visit to Swayambhunath, one of Nepal's most iconic cultural and heritage sites. The visit provided students with opportunities to observe historical monuments, explore cultural significance, and develop a deeper appreciation for Nepal's rich heritage and traditions. The experience also encouraged observation skills, curiosity, and respectful engagement with historical and religious sites.



Buddha Jayanti Celebration

In alignment with our school-made curriculum and the theme "Our Culture," Grade II students celebrated Buddha Jayanti with great enthusiasm and devotion. Through songs, poems, sharing, discussions, creative activities, and presentations, students reflected upon the teachings and values of Lord Buddha.

We are deeply grateful to the parents of Grade II who joined us in celebrating Buddha Jayanti with such joy and enthusiasm. Your presence added meaning to the occasion and showed our children that their school celebrations matter to their families.



The celebration emphasized important life values such as: Peace, Compassion, Kindness, Respect, and Mindfulness. We sincerely thank all the parents who actively participated in the celebration. Your presence, encouragement, and support made the event even more meaningful and inspiring for our young learners.

Grade III

Upcoming Vegetable Market Visit

Grade III students will soon be visiting a local vegetable market as part of their experiential learning activity. This visit aims to help students understand:

- Nutrition and healthy eating habits
- Market systems and community interactions
- The importance of local farmers and producers
- Everyday mathematical and communication skills used in markets

Through observation and interaction, students will gain practical knowledge and connect classroom learning with real-life experiences.

Eat Your Vegetables Day

Following the market visit, students will participate in Eat Your Vegetables Day, a special event focused on promoting healthy eating habits and awareness regarding the nutritional importance of vegetables.

Through engaging activities, discussions, food exploration, and interactive learning experiences, students will discover the health benefits of incorporating a variety of vegetables into their daily meals. The celebration aims to encourage learners to make healthier food choices and adopt lifelong habits that support overall well-being.

Ongoing Academic and Co-curricular Progress

Alongside these engaging activities and celebrations, our teachers and students continue to work diligently towards achieving curricular and co-curricular goals across all subject areas. Regular classroom observations, assessments, hands-on learning experiences, and interactive activities are being conducted to monitor student progress and provide timely support according to individual learning needs.

Through the collaborative efforts of teachers, students, and parents, we strive to nurture confident, compassionate, creative, and responsible learners.

Appreciation and Looking Ahead

We sincerely appreciate your continuous support, trust, and active involvement in your child's educational journey. Your encouragement and partnership inspire us to continuously improve and create meaningful learning experiences for our students.

Together, we look forward to a wonderful academic year filled with joyful learning, creativity, discovery, and memorable achievements.

Warm regards,
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From the Desk of Academic Coordinator (I-VIII)

Namaskar!

As we successfully conclude the month of Baishakh and warmly welcome the month of Jestha, we would like to take this opportunity to share some important academic updates, school highlights, and upcoming plans focused on the overall growth and holistic development of our students.

At Pathshala Nepal Foundation, we strongly believe that education is not limited only to academic achievement. Along with intellectual growth, we equally value the emotional, social, creative, and leadership development of every child. With this shared commitment between school and home, we continue to create meaningful learning experiences for our students.

Department Meeting Highlights

On 2nd Jestha, a department-level academic review meeting was conducted to reflect upon and evaluate students' progress during the month of Baishakh. The discussion focused not only on academic performance, but also on skill-based learning, classroom participation, behavioural growth, and socio-emotional development.

Based on the observations and reflections from the meeting, each department has prepared monthly planners and strategic action plans for Jestha. These plans are designed to support continuous improvement in teaching-learning practices and to ensure that students receive the guidance and opportunities they need to grow confidently in all aspects of learning.

We are pleased to share that every department has now set clear goals, targeted strategies, and expected outcomes for both teachers and students for the coming month.

Student Leadership Selections

We are delighted to announce the selection of Club Captains, House Captains and Vice-Captains. The process for selecting the School Captains and Bus Monitors is currently ongoing.

We firmly believe that leadership opportunities at an early age play a vital role in nurturing confidence, responsibility, teamwork, communication skills, creativity, innovation, and problem-solving abilities among students. Such experiences also encourage students to take initiative and develop a sense of ownership within the school community.

Alongside these formal positions, students are also being encouraged to participate actively in various classroom leadership responsibilities such as class monitor, line leader, display maintainer, cleaner, reminder, and many other meaningful roles within their classroom environment.

We congratulate all the selected students and appreciate their willingness to serve and contribute positively towards building a well-organized, caring, and responsible school culture.

Grade-wise Highlights

World Day for Cultural Diversity for Dialogue and Development - Grade 5

The students of Grade 5 observed the World Day for Cultural Diversity for Dialogue and Development on 7th Jestha with great enthusiasm and understanding. The celebration aimed to help students appreciate and respect the rich diversity of cultures, languages, traditions, and identities found around the world.

Through this meaningful celebration, students were also introduced to the values of inclusion, equality, mutual respect, and global citizenship. It was encouraging to see our young learners expressing their thoughts and understanding so creatively.

A heartfelt thank you to the teachers who guided these programmes with care and creativity, and to the parents who supported their children's preparation at home.



Mother's Day Celebration - Grade 8

The students of Grade 8 celebrated Mother's Day on 5th Jestha with immense love, gratitude, and heartfelt emotions. The programme beautifully reflected the strong bond between mothers and children through touching poems, emotional dramas, meaningful letters, wonderful dances, songs, and several other creative presentations.

The joy, smiles, and emotional moments shared during the celebration made the programme truly memorable for everyone present. The expressions of happiness and pride on the mothers' faces were deeply touching and reflected the emotional connection created by the students' efforts.

We would like to express our sincere gratitude to all the mothers for their gracious presence and enthusiastic participation. We also extend our heartfelt appreciation to all the teachers whose guidance, support, and dedication made the programme meaningful and successful.



Upcoming Event

World Environment Day 2026—22nd Jestha (5th June)

On 22nd Jestha, the whole school will come together to celebrate World Environment Day with activities, exhibitions, and expressions of care for our planet. Students from all grades will take part, bringing to life what they have been exploring throughout the month.

The theme of the month, Environment, will truly come alive this day. Watch for updates and photos. And do ask your child what they are planning to share or create for the day, you might be delightfully surprised!

With the global theme "**Climate Action**," the entire family of Pathshala Nepal Foundation is preparing to celebrate World Environment Day 2026 with awareness, responsibility, and commitment towards nature and the environment.

Through various meaningful and engaging activities, students will learn the importance of environmental conservation, protection of natural resources, waste reduction, and the development of environmentally responsible habits in their daily lives.

We hope this celebration will inspire our young learners to become thoughtful, responsible, and active contributors towards creating a cleaner, greener, and more sustainable future for all.

As we move forward into the month of Asar, we look forward to your continued cooperation, encouragement, and support in providing our children with enriching learning experiences and meaningful opportunities for growth.

Thank you for your trust and partnership.

Warm regards,
Vibha Thapa
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From the Desk of ECA Coordinator

We hope this newsletter finds you well. Untiring support and cooperation from all our parents have helped ECA department to make magnificent beginning of the session. We are delighted to share the exciting developments and accomplishments within our Extra Curricular Activities (ECA) Program.

Swimming Classes: 24th Baisakh to 21st Jestha

This term marks the starting of our **Swimming Classes**, running from **Baishakh 24 to Jestha 21**. Due to unpredictable weather conditions, we have not been able to follow the swimming schedule as planned. However, we would like to assure you that the swimming package for all grades will be completed, and the postponed sessions will be rescheduled accordingly. These sessions have helped students build confidence in the water, improve their swimming skills and techniques, and understand the basics of swimming and water safety.



Events and Celebrations

Our Music/Dance/Drama instructors and Arts and Craft teachers are working collaboratively to make different events and celebrations successful. They have played a vital role in the 'International Family Day' celebration of Grade 1, the 'Buddha Jayanti' celebration of Grade 2, the 'World Cultural Diversity Day' celebration of Grade 5, and the 'Mother's Day' celebration of Grade 8.

Club Formation

The school has successfully formed and reorganized various school clubs for the academic session to promote leadership, teamwork, creativity, and active student participation in co-curricular activities. As part of the program, students are selected as Captains of their respective clubs, and badges will be distributed officially by recognizing their leadership responsibilities.

Pathshala Eye Camp 2083

We are proud to share that Pathshala Nepal Foundation, in coordination with Tilganga Institute of Ophthalmology and with the support of Lalitpur Metropolitan City Ward No. 4, organized "Pathshala Eye Camp - 2083" on 10th Jestha, 2083 at Pathshala Nepal Foundation, Bagdol from 9:00 AM - 2:00 PM. It was also observed by the Ward Chair, Mr. Santosh Khadka to motivate our students and teachers.



Patients who are identified with cataracts during the camp will be referred for free surgery at Falari Gumba, Jagdol. This project is being led by the **Pathshala Scout Team of Grade VII**. We encourage parents to motivate children involved in this service-learning project.

NSFL: Our Footballers on the National Stage

We are thrilled to share that Pathshala's student football team has been selected to represent us in the Nepal School Football League (NSFL), a national-level inter-school tournament featuring the country's top schools. This is a proud achievement for our students and a testament to their dedication, teamwork, and resilience on the field.

To our footballers: we are cheering for you every step of the way. To the parents who drove them to practice, cheered from the sidelines, and believed in their dreams, thank you! Your support makes champions.



We are incredibly proud of our students' achievements and their active participation in these diverse activities. Your support and encouragement play significant role in their success, and we look forward to seeing you at upcoming events.

Sincerely,
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