



NEWSLETTER

Volume: 23 Issue: 2

12 Jestha, 2083 (May 26, 2026)

“Behind every young child who believes in themselves is a parent who believed first.”

— Matthew L. Jacobson

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New Baneshwor, Kathmandu



pnfbaneshwor@pathshala.edu.np



01-5244451



www.pathshala.edu.np

From the Principal's Desk

Dear parents and guardians,

We are here with the 2nd issue of newsletter. I hope that all of you had wonderful month of Baishakh. As Jestha began with lots of hope for Pathshala Family, we are excited to share many interesting news of Baishakh and information of major activities of Jestha. I believe you will have exciting and fruitful time to go through details our team has prepared sincerely. I also humbly request you to be familiar with activities that our young learners are involved and about upcoming important dates and activities going to happen. This is highly essential to keep you strongly updated about the flow of PATHSHALA in the journey towards acquiring its vision of 'Meaningful Education for Meaningful Life'.

Theme of the Month: ENVIRONMENT

This month, we invite every student, parent, and teacher to look around — at the trees lining our streets, the rivers that shape our valleys, the air we breathe — and ask: What is our relationship with the natural world, and what can we do to protect it? The environment is not a subject in a textbook. It is our home. This month's theme encourages children to explore, observe, and share what they discover about the world around them.

*"The Earth does not belong to us.
We belong to the Earth."*

How Students Will Share Their Discoveries

Each morning in the mass assembly, students will have the opportunity to share something they have explored about the environment — a fact, an observation, a poem, a drawing, or even a question that keeps them curious. In classrooms, students will share on a turn-wise basis, so every child has a voice.

We warmly encourage parents to be partners in this journey. Please take a few moments to:

- Talk to your child about what they notice in nature — the season, the birds, the plants around your home. Help them to take care of

nature and environment on their own possible way. eg. observe, notice and be kind to birds coming at home by giving water/ grains, taking responsibility to take care of plants at home, to use electricity and water wisely, producing less waste and to practice 3Rs (Reuse, Reduce, Recycle), etc.

- Help them prepare a short sharing — it could be a drawing, a fact, a story, or a paragraph on their experiences or practices or observation, etc.
- Visit a park or garden together, or simply look at the sky. Curiosity begins at home. You may spend some time to observe plants in flower pots at home with them.

Your encouragement means everything. A child who feels supported at home comes to school ready to share, ready to learn, and ready to lead.

Celebrations We Are Grateful For

Jestha has been a joyful month of celebration, learning, and togetherness at our school. We sincerely thank the parents of Grade II and Grade VIII for joining the Buddha Jayanti and Mother's Day celebrations, making these moments even more meaningful for our students. Through programmes such as the International Day of Families celebrated by Grade I and the World Day for Cultural Diversity celebrated by Grade V, students explored the importance of family, culture, and global unity. We also extend our heartfelt appreciation to the teachers and parents whose guidance and support made these events successful.

Pathshala Eye Camp 2083 — Healthy Eyes, Happy Lives

We are proud to share that Pathshala Nepal Foundation, in coordination with **Tilganga Institute of Ophthalmology** and with the support of **Lalitpur Metropolitan City Ward No. 4**, has organized "**Pathshala Eye Camp – 2083**" on 10th Jestha, 2083 (Sunday)

Patients who were identified with cataracts during the camp are referred for free surgery at Falari Gumba, Jagdol.

This project is being led by the **Pathshala Scout Team of Grade VII**. We are proud of them. We wish them a very best for Day II and III at Falari Gumba. We sincerely thank parents, students and teachers, non-teaching staff team for their support to spread message and make the camp very successful.

Important Dates to Remember: Jestha 2083

1st : International Day of Families Celebration (I)

3rd : Monthly Review and Planning Workshop (I - VIII)

4th : Buddha Jayanti Celebration (II)

8th : Mother's Day Celebration (VIII)

12th : World Day for Cultural Diversity Celebration (V)

14th : Bakar Eid (School Runs as usual; staffs and students of the Muslim background gets holiday)

15th : Holiday of Republic Day (But we have Curriculum Sharing of Grade I and new parents of other grades)

17th : Teachers' Department Workshop

22nd : World Environment Day Celebration (I-X)

26th – 29th : First Mid-Term Assessment

31st : Monthly Review and Planning Workshop

Ashadh 2083:

3rd : Eat Your Vegetable Day Celebration (III)

6th : PTC MTA – I

8th : International Day of Yoga (VI)/ World Music Day (VII)

Yearly Curriculum Book (YCB) and Curriculum Sharing

We believe that a great education is built on transparency and partnership. This month, we are sharing the Yearly Curriculum Book (YCB) with all families. The YCB gives you a clear window into the plans, activities, and learning journeys that Pathshala has designed for your child this year.

We warmly encourage you to read through it at your leisure, and share your thoughts with us at our school email: pnf2002@pathshala.edu.np. Your feedback helps us grow.

Curriculum Sharing this term will bring teachers and parents together face to face:

- Grade 1 parents: In-person Curriculum Sharing session on Friday, 15th Jestha.
- New parents of Grade 2 onwards: An Induction Session will be held on the same day (15th Jestha).

A detailed notice will be sent to parents ahead of the sessions. We look forward to these conversations — because the more we understand each other's goals for your child, the better we can work together.

World Environment Day — 22nd Jestha (5th June)

On 22nd Jestha, the whole school will come together to celebrate World Environment Day with activities, exhibitions, and expressions of care for our planet. Students from all grades will take part, bringing to life what they have been exploring throughout the month under the theme "A Global Call for Climate Action"..

The theme of the month, Environment, will truly come alive this day. Watch for updates and photos. And do ask your child what they are planning to share or create for the day — you might be delightfully surprised!

Mid-Term Assessment (MTA) — 26th to 29th Jestha

The first Mid-Term Assessment will be conducted from 26th to 29th Jestha for Grades 4 through 8. Students will take two written tests per day as part of their ongoing formative assessment.

A gentle reminder about the spirit of these assessments: the MTA is not designed to create pressure, but to support learning. It helps teachers understand where each student stands and how to guide them further. The results will be integrated into the term grades and shared with parents at the Parents-Teachers Conference (PTC), scheduled for Saturday, 6th Ashadh. Individual conference timings will be communicated closer to the date.

We encourage all students to stay consistent in their daily studies — not to prepare for these tests, but because consistent learning is how real understanding grows. The test then simply becomes a natural reflection of that effort.

Building the Habit of Everyday Learning

"Education is not preparation for life; education is life itself." — John Dewey

As we move through the year with assessments on the horizon, we want to take a moment to speak not about marks — but about a habit that will serve our children for life: the habit of learning every single day.

There is a quiet but powerful difference between a student who studies only when an exam is near and one who engages with learning a little each day. The first experiences anxiety and cramming. The second experiences growth, confidence, and genuine understanding. Think of it like watering a plant — a little water every day creates deep roots; flooding it once a week does not.

For Parents of Grades 1–3

At this age, children are learning what learning feels like. Your role is beautifully important. Sit with them. Ask them what they studied today. Help them create a small, simple daily routine — 20 to 30 minutes of reading and revision at a fixed time each day. Celebrate small wins: a new word learned, a sum done correctly, a story read on their own. These moments of shared joy build a love of learning that no examination can create.

For Parents of Grades 4 and Above

Your child is growing into independence, but they still need your gentle presence. A good reminder — 'Have you done your home study today?' — is sometimes all it takes. When they follow their routine, notice it. Appreciate it. A simple 'I noticed you studied on your own today — well done' does more than you know. Help them make a realistic weekly home study plan and encourage them to follow it — not as a rule, but as a gift they give themselves.

For Our Teachers

Every lesson, every question answered with patience, every moment of genuine engagement with a child is a seed planted. Thank you for designing learning that makes students want to come back the next day. Let us keep creating classrooms where curiosity is the rule, not the exception.

Together — teachers, parents, and students — we can build something lasting: not just academic success, but a generation of lifelong learners who find joy, purpose, and meaning in the act of learning itself.

I also humbly request to everyone to communicate with respective grade teachers for any queries or information on time. You may also communicate with respective subject teachers if it's specific subject related matters. If you want to meet or talk with Principal or Academic/ECA Coordinator under circumstances, please, take appointment from front office officer to ensure our timing. We will be more than glad to meet you purposefully.

With warmth and gratitude,
Ms. Anita Tamang

Principal

anita@pathshala.edu.np | 9851106722

From the desk of Academic Coordinator

Dear Parents and Guardians,
Namaskar!

As we conclude the month of Baishakh and look ahead to Asar, we would like to share some important highlights, academic updates, and upcoming plans aimed at supporting the holistic growth and development of our students.

Department Meeting Highlights

A department-level academic review meeting was conducted on Jestha 2 to assess students' progress in academic performance, skill-based learning, and socio-emotional development during the month of Baishakh. Based on the observations, monthly planners and strategic action plans have been prepared for Jestha to ensure continuous improvement in all these areas. Each department is now ready with clear goals and strategies to achieve the intended outcomes for both students and teachers.

Democratic Culture and its practice!

We strongly believe that leadership opportunities at a young age help students develop leadership qualities, teamwork, creativity, innovation, problem-solving abilities, communication skills, and social interaction. Such responsibilities also provide students with valuable hands-on experience in areas of their personal interest.

In addition, every student is encouraged to grow through various classroom leadership roles such as class monitor, display maintainer, cleaner, reminder, line leader, and many others within the classroom community. We congratulate all selected students and look forward to their active contribution in creating a positive and responsible school environment.

Here are information of few major Teaching-Learning Activities to share.

Interaction with Book Writer - Grade 8:

Grade 8 students had a valuable interactive session with Mr. Matrika Prasad Koirala, writer of Social Studies and Human Values book/ grade 8. Students were curious to learn about his childhood and inspiration for writing, and he emphasized that Social Studies is a fundamental subject for understanding society, culture, and the nation. Responding to students' concern about difficulty in Nepali, he suggested using apps like “नेपाल परिचय” and “प्रज्ञा नेपाली शब्दकोश” to enhance knowledge of Nepal and improve vocabulary. He also encouraged students to write neatly, love the nation, stay curious about Nepal, and promote Nepali products.

He further guided students on using authentic websites and reliable sources for research, explaining that a good writer must be a researcher,



explorer, thinker, and listener. The session was highly inspiring and informative for all.

World Day for Cultural Diversity for Dialogue and Development – Grade 5

Grade 5 students marked world cultural diversity day on 7th Jestha with the objective to celebrate and respect the diversity of cultures, languages, traditions, and identities around the world. Our students also understand the importance of inclusion, equality, and global citizenship through the celebration. Further celebration through poem, song, dance and other age level-based performance is planned to share in the morning assembly on 12th.

Mother’s Day Celebration by grade 8:

The students of Grade 8 celebrated Mother’s Day on the 8th with great love, gratitude, and enthusiasm. Their deep affection and bonding with their mothers were beautifully reflected through heartfelt poems, emotional dramas, marvelous dances, songs, a message tree, entertaining games, and many other meaningful activities.

The smiles and tears in the eyes of the mothers truly reflected the touching and memorable moments shared during the programme.

We would like to express our sincere gratitude to all the mothers for their gracious presence and active participation. We also extend our heartfelt appreciation to the entire team of teachers for their valuable guidance and support in making the celebration meaningful and successful.



World Environment Day 2026

With the global theme “Climate Action,” the entire family of Pathshala Nepal Foundation is coming together to celebrate World Environment Day 2026 with awareness, responsibility, and commitment towards nature. Through meaningful activities, students will learn the importance of protecting the environment, conserving natural resources, reducing waste, and developing environmentally responsible habits.

This celebration aims to inspire our young learners to become conscious and active contributors towards a cleaner, greener, and more sustainable future.

Mid-Term Assessment– I

The Mid-Term Test Assessment – I is scheduled for 26th -29th of this month. Syllabus and routine will be sent by 14th. All the students must take this test as an opportunity to show their learning strength in written way. The curriculum for Term I has been shared with you via email. You are kindly requested to share your feedback through email or in a personal meeting.

We look forward to your continued cooperation and support as we move ahead with new learning experiences and meaningful opportunities in the month of Asar.

Thank you.

Regards,

Ms. Sanju Acharya

Academic Coordinator

sanju@pathshala.edu.np | 9851072592

From the desk of Level Coordinator (Grade I - III)

“For the things we have to learn before we can do them, we learn by doing them.”

- Aristotle

Namaste,

Warm greetings from Pathshala!

Every child’s learning journey should be as vibrant and exciting as any adventure. This process nurtures their innate curiosity and helps them develop a lasting love for learning. Instilling a love for learning in children equips them for ongoing growth and development.

Keeping different learning activities in the centre, we stepped into our second month of the academic session 2083 with various Day celebrations by different classes. These were the part of our School made curriculum which were planned and implemented in an integrated process.

Grade-1

Our first graders spent a lovely day visiting a family and taking interview of family members. This was the major activities of the theme “Me and My Family” and a curricular area of our SMC (School made curriculum). The students interviewed senior family members and collected information about their relations, responsibilities, profession, dresses, age and food.

We would like to express our gratitude to Mr. Bishnu Adhikari and Mrs. Pabitra Adhikari, grandparents of Shanaya Adhikari from 1 ‘A’ and Mr. Manan Prasad Wagley, Mrs. Padma Wagley and Mrs. Abha Nepal, grandparents of Amaya Manan Wagley from 1 ‘B’ for contributing their valuable time and providing such a supportive environment throughout our time together.



They celebrated 'International Day of Families' on 1st of Jestha honouring the significance of families. The main objective behind learning about this day was to promote family well-being and highlighting their crucial role in the society. It was lovely to watch them sing song, recite poem, share journal on family visit and take part in skit. While preparing for the program, our students recognized the role of family members and importance of family for the well-being. Such programs help them to develop soft skills such as collaboration, creativity and organization. We are happy to see our gentle buds marking the day through their performances.

Grade-2

Our curious little learners of Grade 2 visited the ancient Swayambhu Mahachaitya on 31st Baisakh. The visit was the major activity of the theme 'Our Culture'. They interacted with the resource person and collected information about the myth and history of the place. They also observed the things around the premises and enjoyed engaging in rubbing art, a technique where they placed papers over textures inscriptions. They identified the importance of the place and recognized the norms to be followed in such public places. It was a joyful blend of cultural learning and exploration at the place.



They celebrated Buddha Jayanti on 8th Jestha with a short program having soulful songs, dances and meaningful skits. The celebration was a part of the school-made curriculum organized with the objective of teaching them to respect our culture and festivals. They also shared journals on their trip to Swayambhunath Mahachaitya in the program. Nyanwati Guruma, the founder principal of Bhasara Secondary school, was the resource person of the program who shared valuable teachings and inspired

everyone with messages of peace, kindness and compassion. It was a meaningful celebration that instills important values of self-control, mindfulness and honesty.

Grade-3

Grade-3 are have started the topic 'Our Food' under the theme "Me and my Family". They will soon get engaged in their long-term project on Vegetable farming. They are going to sow seeds of some vegetables and observe the plants and keep their records.

They are going to visit Vegetable market and collect required information. Soon, they will celebrate 'Eat your vegetables day' in the form of a short program serving it as a reminder to prioritize the inclusion of fresh vegetables in our daily life.

Regards,

Ms. Upasana Shrestha

Level Coordinator (I-III)

upasana@pathshala.edu.np | 9841171652

From the desk of ECA Coordinator

Warm greetings dear parents and guardians!

We hope this newsletter finds you well. Untiring support and cooperation from all our parents have helped ECA department to make magnificent beginning of the session. We are delighted to share the exciting developments and accomplishments within our Extra Curricular Activities (ECA) Program.

- This term marks the starting of our **Swimming Classes**, running from **Baishakh 24 to Jestha 26**. Due to unpredictable weather conditions, we have not been able to follow the swimming schedule as planned. However, we would like to assure you that the swimming package for all grades will be completed, and the postponed sessions will be rescheduled accordingly. These sessions have helped students build confidence in the water, improve their swimming skills and techniques, and understand the basics of swimming and water safety.
- Our Music/Dance/Drama instructors and Arts and Craft teachers are working collaboratively to make different events and celebrations successful. They have played vital role in ‘International Family Day’ celebration of Grade-1; ‘Buddha Jayanti’ celebration of Grade-2; ‘World Cultural Diversity day’ celebration of Grade-5, and ‘Mother’s Day’ celebration of Grade-8.
- The school has successfully formed and reorganized various school clubs for the academic session with the objective of promoting leadership, teamwork, creativity, and active student participation in co-curricular activities.

As part of the program, students were selected as Captains and Vice Captains of their respective clubs, and badges were distributed to officially recognize their leadership responsibilities.

- The students of Grade 7 are participating in a free eye camp organized by the Pathshala Scout in collaboration with Tilganga Hospital and Lalitpur Ward no. 4. The program will be conducted at Falari Gumba, Jagdol, Gokarna where free eye treatment and operations for Motibindu patients will be carried out.

During the program, students will actively engage in various social service activities and assisting in managing and supporting the camp. This participation will provide students with meaningful exposure to community service, charity, compassion, and the value of humanity.

- On 22nd Jestha, the entire school will celebrate World Environment Day by exhibiting various project works under different environmental themes. The program aims to promote environmental awareness, creativity, and active participation among students.

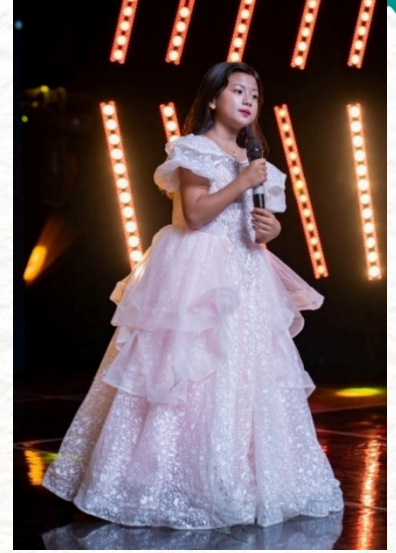
Participation in Activities Outside School:

Miss Megha Sharma Manandhar from grade IV won the second prize in the Primary School Chinese Competition and Talent Show organized by CIKU across Kathmandu valley.



Miss Sambhawi Jirel from grade V participated in Miss and Master Nepal Kids International and won Singing Excellence Award. Congratulations to Sambhawi and best wishes for her future endeavours!

We are incredibly proud of our students' achievements and their active participation in these diverse activities. Your support and encouragement play significant role in their success, and we look forward to seeing you at upcoming events.



Sincerely,
Mr. Anup Shakya
ECA Coordinator
(anup@pathshala.edu.np | 9849709640)