



# NEWSLETTER

Volume: 22 Issue: 5

12 Mangsir, 2082 (November 28, 2025)

*“Learning doesn’t end at school; it continues in every moment shared at home.”*

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# From the Principal's Desk

Dear Parents/Guardians,

Warm greetings from Pathshala!

## Thank You for Your Continued Support

We would like to express our heartfelt thanks to all parents, teachers, and students for your continuous effort in making the learning environment at Pathshala better each day. Your cooperation, feedback, and dedication truly help us grow as a learning community.

## Winter Care & Winter School Uniform Reminder

Winter is approaching, and the mornings and evenings are already getting colder. We kindly remind all parents to send children in a proper **warm winter school uniform**, which includes:

- School sweater
- School jacket
- School Muffler and cap
- Warm inners
- Full-sleeve shirt
- Please avoid any **non-uniform outerwear**, as we maintain consistency in our school dress code. All uniform items are available at the designated Pathshala uniform suppliers.

## Some Winter Care Tips for Families

- Keep children well-covered, especially head, ears, and chest.
- Ensure students drink warm water and stay hydrated.
- Encourage a balanced diet including soup, seasonal fruits, nuts, and warm meals.
- Maintain regular sleep routines to boost immunity.
- Keep young children away from early morning fog and cold wind.
- Use moisturizer to avoid dry skin and cover feet with warm socks.

## Second Term Examination

The Second Term Examination begins on **22nd Mangsir**. Parents are requested to check the shared exam routine and syllabus. These have been provided so that students can prepare in a planned manner by adjusting their home-study schedule. Teachers have oriented students at school, and we request parents to guide, remind, and support them at home.

If you require any assistance, please feel free to contact the **Grade Teacher (GT)**.

## Importance of Exam Preparation Beyond the Exam

Preparing for exams is not just about scoring marks. It helps students:

- Build a habit of **regular and planned study**
- Learn to **stay focused** and avoid distractions
- Develop **self-discipline** and confidence
- Cultivate a long-term **positive learning attitude**, not just study for tests

## Tips to Support Your Child at Home

- Help them make a small daily study timetable.
- Create a quiet space for focused study (limit TV and mobile distractions).
- Encourage short breaks between study sessions.
- Praise their effort, not only the score.
- Check their notes, textbooks, and assignments regularly.
- Ensure proper sleep and healthy meals for better concentration.

## Important Reminder

### Winter Schedule

Please note that the winter schedule for this academic year remains unchanged.

- School arrival time: 8:45 AM (Gate opens at 8:30 AM only)
- School departure time: 3:30 PM (Gate closes at 4:00 PM)

In previous years, the winter timing used to be 8:30 AM to 3:45 PM. However, it was revised at the beginning of this academic session to maintain the same schedule throughout the year for consistency and smoother school operations.

### Communication Regarding Leave, Absences, and Late Arrivals

To ensure smooth coordination between home and school, parents are requested to inform the Grade Teacher (GT) in the following situations:

- If your child requires early leave or will have a late arrival on any school day
- If your child needs to take leave for any reason
- If your child must remain absent urgently without prior notice

Information may be shared through the student diary or by calling or texting the Grade Teacher. Timely communication helps the school maintain accurate records and provide necessary support to students.

### Use of Stationery and Expensive Items

We strongly encourage students to use the stationery items provided by the school for schoolwork. Parents are requested not to send fancy or unnecessary materials unless specifically requested by the subject teacher in writing.

Additionally, please ensure that children do not bring expensive items to school. This helps avoid the distraction, loss, or damage of personal belongings.

### Major Dates to Remember

Month	Dates	Activity
Mangsir	22-29	Second Term Exams
Poush	1-7	Term Break for Students
	8	Classes Resume (Grades 1-8)
	12	Parent-Teacher Conference (PTC)
	22-30	Winter Vacation
		<i>Annual Outdoor Studies for Grades VII &amp; VIII will be scheduled during winter vacation. Details will be sent soon.</i>
Magh	1-6	Winter Vacation Continues
	7	School Resumes

Please go through this version of the **Subject-wise Newsletter** as well. The objective is to give you the details of the major activities conducted in each subject.

Happy reading!

Warm regards,

**Bishwonath Kandel**

Principal

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## From the Desk of Level Coordinator (1-3)

"Teaching kids to count is fine, but teaching them what counts is best."

-Bob Talbert

Dear Parents and Guardians,  
Warm greetings!

It is with great pleasure that I present the monthly updates and highlights from Grades I-III. Throughout the month, our young learners have actively participated in meaningful learning experiences, creative activities, and collaborative projects. These engagements have not only enriched their academic journey but have also supported the development of essential skills and values. Below are the key

### **Grade I: Global Hand Washing Day 2025**

On October 15, our first graders enthusiastically observed Global Hand Washing Day 2025 under the theme "Be a Hand Washing Hero!"

The assembly featured a series of engaging activities, including an informative presentation, a thematic skit, a lively song performance, and a practical demonstration of proper hand washing steps.

Following the assembly, students took part in a hands-on hand washing session, practicing each step with great interest and commitment. They are now well-prepared to promote hygiene and healthy habits within their homes and communities.



### **Grade II: International Soil Day (Upcoming)**

In alignment with the CDC curriculum, Grade II students are currently engaged in a long-term integrated learning project based on the theme "Soil and Its Importance."

This project focuses on key learning objectives, including:

- Identifying different types of soil
- Understanding soil layers and soil fertility
- Recognizing the role of soil in supporting life and food production

### **Long-Term Project on Soil (Ongoing)**

As part of their hands-on exploration, students planted seasonal vegetable saplings in both fertile and infertile soil to observe and compare growth patterns. They are also concurrently studying the theme Plants, observing and identifying various parts of a plant to strengthen cross-curricular understanding. These learning experiences connect meaningfully to the upcoming International Soil Day, reinforcing environmental consciousness and responsibility.

## World Kindness Day Celebration

Grade III students observed World Kindness Day on Thursday, 13th November, under the theme "Be Kind Wherever Possible."

The program featured a series of thoughtful presentations, including songs, drama, dance, and sharing activities, through which students meaningfully expressed the values of kindness and empathy.

Each performance highlighted their compassionate spirit and reinforced the message that simple acts; such as offering a smile, speaking kindly, or extending a helping hand - can contribute significantly to creating a positive and harmonious environment.

The celebration not only showcased the students' creativity and confidence but also encouraged the entire school community to embrace and practice kindness in their daily lives.



## Upcoming: Community School Visit (Grade III)

Under the theme "Our School," Grade III students will visit Mahendra Bhrikuti Secondary School, a neighboring community school.

The purpose of the visit is to:

- Understand the role and significance of educational institutions
- Observe similarities and differences between community and private schools
- Broaden their perspectives on diverse learning environments

This experiential learning opportunity aims to deepen their appreciation for schooling and community engagement.

## Grade III Achievement: Inter School Spelling Bee Contest - 2025

We are pleased to extend our heartfelt congratulations to our outstanding Grade III participants: Master Abhiman Singh Thapa, Master Saurish Jha, Master Saransh Pokhrel, and Master Krishman Khatri - for securing the 1st Runner-Up position in the Inter School Spelling Bee Competition-2025, organized by Sudesha School.

Their commendable effort, confidence, and strong competitive spirit were evident throughout the contest. This remarkable achievement has brought great pride to the school, and we applaud our young spellers for their dedication and exemplary performance.



### Mid-Term II PTC Conducted (Need-Based)

Need-based Parent-Teacher Conferences of Mid-Term II were conducted to support student growth.

The meetings focused on:

- Sharing academic progress, strengths, and areas for improvement
- Discussing socio-behavioral development, including participation, confidence, and peer interactions
- Collaboratively planning strategies for continuous improvement

These meaningful conversations ensured that every child receives the guidance and support they need.

### Extra Support Classes

To promote inclusive and equitable learning, extra support classes have been conducted for students needing additional guidance.

Support measures include:

- Targeted remedial instruction
- Peer support groups for collaborative learning
- Personalized facilitation based on individual learning needs

These interventions aim to strengthen confidence and mastery of essential skills.

### Ongoing Assessment: Second Term Updates

As we approach the wrap-up of the Second Terminal Session, our facilitators are actively engaged in the final phase of evaluation. Assessments are being conducted in alignment with the Continuous Assessment System (CAS) as outlined by the CDC, utilizing both formative and summative tools such as:

- Daily assignments and classroom tests
- Hands-on projects and peer learning activities
- Observation of class participation
- Anecdotal records and behavioral reflections

These assessments help us track academic progress while nurturing holistic development.

Thank you for your continued support and collaboration.

Together, we strive to create a joyful, inclusive, and enriching learning environment for our children.

Warm regards,

**Nitasha Giri**

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# From the Desk of Academic Coordinator

Warm greetings from Pathshala Nepal Foundation.

We are delighted to bring you yet another edition of our newsletter, highlighting the rich learning experiences, explorations, and celebrations that have shaped this academic phase. At Pathshala, we take pride in connecting academics with meaningful activities, ensuring that learning becomes joyful, relevant, and rooted in real-life contexts. Our school-made curriculum continues to provide students with opportunities to inquire, observe, create, reflect, and celebrate the diverse aspects of knowledge and culture.

## Connecting Learning with Celebrations

### World Education and Literacy Day - Grade VI

Grade VI students meaningfully marked World Education and Literacy Day, exploring its value through guided research and classroom-based activities. Understanding the privilege and responsibility of education is important for today's children, and this celebration encouraged them to reflect on why literacy remains a powerful global tool for empowerment. Students collected facts, prepared short presentations, and discussed how education shapes personal growth, community development, and future opportunities. The day served as a gentle reminder that learning is a gift, and its value must be recognized and preserved.

### Scout Camp Experience - Grade VI

Grade VI participated in their Scout Camp on the 28th and 29th of Kartik, beginning with activities at school and concluding with an overnight camp at the Bagdol premises.

Students participated in adventurous and skill-building tasks such as tire crossing, tire wall climbing, bamboo crossing, spider web challenges, and caterpillar walk, among others. Each activity pushed them to collaborate, think critically, and trust their abilities.

The Scout Camp plays an important developmental role at this age. It equips children with courage, discipline, and resilience—skills that will serve them in future academic, social, and personal challenges.

## Experiential Learning Highlights

### Three-Day Scout Camp - Grade VIII

From 31st Ashoj to 2nd Kartik, our Grade VIII students participated in an enriching three-day Scout Camp filled with adventure, teamwork, and outdoor learning.

Students engaged in structured scout drills, obstacle challenges, nature hikes, and group-based tasks that nurtured discipline, problem-solving, and leadership qualities. As the evenings settled in, students gathered around the campfire—singing, sharing stories, and reflecting on their day in a warm and supportive environment.

The camp offered a unique opportunity to step beyond the classroom, developing resilience and cooperation while living out the Scout motto, "Be Prepared." It was inspiring to see students embrace challenges and discover their strengths through experience.



### Science Enrichment Session - Grade VIII

Students of Grade VIII also attended an informative session conducted by Dr. Kabiraj Paudyal, Associate Professor at the Central Department of Environmental Science, Tribhuvan University. Through hands-on demonstrations and sample observations, students learned about minerals and ores, methods of extraction, and their economic significance in Nepal. This session enhanced their scientific understanding by connecting theoretical concepts with real-world applications—making learning both memorable and meaningful.



### International Day for the Eradication of Poverty - Grade VIII

Observing this day allowed students to reflect on the challenges faced by communities across the globe. Through discussions, group reflections, and awareness-building activities, students explored the importance of empathy, compassion, and collective responsibility. They learned how individual actions—whether through kindness, resource sharing, or community support—can contribute toward reducing poverty and promoting fairness. This day helped them internalize the values of humanity and social duty.

### Rice Harvesting Journey - Grade VIII

The rice harvesting activity at Dasghare marked the culmination of a months-long experiential learning process for Grade VIII. Having planted the rice in Jestha, the students actively returned during Ashoj to reap, thresh, and gather the crops.

The experience exposed students to the hard work, patience, and dedication that define agricultural life. They understood the cycle of farming more deeply—from planting to harvesting—while experiencing the satisfaction of working together to produce something meaningful. Later, when they brought their harvested rice to the Tihar celebration, the lesson became even more complete: learning is not only gained through observation but through participation, effort, and appreciation.



## Heritage-Based Learning Across Grades

At Pathshala, we believe that understanding one's roots is a vital part of holistic education. Heritage-based learning allows students to experience history, art, architecture, and culture not as distant concepts, but as living realities that shape the identity of our nation. Through carefully curated visits aligned with the school-made curriculum, students from different grades immersed themselves in Nepal's treasured historical sites, deepening both knowledge and appreciation.

### Grade IV - Patan Durbar Square & Banglamukhi Pond

Our young learners of Grade IV embarked on a meaningful visit to Patan Durbar Square—one of Nepal's most prominent UNESCO World Heritage sites. Through guided exploration, they observed traditional craftsmanship, intricate wood and metal work, and iconic structures from the Malla period. Students interacted with locals, priests, and visitors, learning how these monuments continue to serve cultural and religious functions today. The visit helped them understand the importance of preservation, respect for historical spaces, and pride in Nepal's artistic legacy. Their learning extended to Banglamukhi Pond, where they observed the serene environment and reflected on why natural and cultural sites must be protected. Students discussed ways to keep such areas clean and vowed to spread awareness within their community, reinforcing values of responsibility and environmental care.



### Grade V - Bhaktapur Durbar Square

Grade V students explored Bhaktapur Durbar Square—an open museum of culture, architecture, and heritage. Walking through the narrow alleys, ancient courtyards, and iconic temples, they experienced the grandeur of the Malla dynasty firsthand. Students observed artistic details, took notes on historical structures, sketched monuments, and learned about traditional craftsmanship that continues to thrive in Bhaktapur. The visit was made even more memorable by tasting the famous Juju Dhau, giving students a cultural flavour of the city's identity. This immersive experience strengthened their understanding of history and enriched their appreciation of Nepal's preserved heritage.



### Grade VI - Kirtipur Heritage Visit

Grade VI students explored key heritage sites in Kirtipur, including Bag Bhairav Temple, Uma Maheshwori Temple, and the famous Chovar Gorge.

At Bag Bhairav and Uma Maheshwori temples, students learned about Nepal's history of Unification, religious traditions, and the historical stories connected with these sacred places. They gained a deeper understanding of how heritage sites serve spiritual, cultural, and communal roles in Nepali society.

At Chovar Gorge, students explored the fascinating geography and legends surrounding the site. Observing the natural formations and learning about the ancient belief that the gorge was carved to drain the Kathmandu Valley allowed them to appreciate the blend of natural history and cultural mythology.

This visit helped students recognize how heritage is not only preserved in monuments but also in landscapes, stories, and lived experiences.



### Grade VII - Patan Museum Visit

Students of Grade VII visited Patan Museum to deepen their understanding of Nepal's medieval art and architecture. The museum offered them a rare opportunity to study sculptures, artifacts, religious icons, and historical tools with greater detail and context.

Through observation and guided discussions, students learned about the symbolism behind different artworks, the craftsmanship of artisans from centuries ago, and the cultural significance of each preserved piece.

The visit not only strengthened their academic foundations but also inspired curiosity and appreciation for Nepal's cultural continuity. It helped them see how artistic heritage shapes identity, belief systems, and community narratives.



## Environmental Initiative - Grade VII Compost Manure Project

Initiated in Asar, the Compost Manure Project reached a successful conclusion with the active involvement of Grade VII students. Over several months, students collected degradable waste, mixed it with cocopeat, stirred and dried the mixture repeatedly, and carefully crushed it into a fine manure. On Ashoj 28, they proudly packaged the completed compost—a testament to their dedication, patience, and teamwork. Beyond the product itself, students learned the value of waste management, environmental responsibility, and sustainable practices.



## Tihar Celebrations Across Grades

To strengthen cultural understanding and foster joyful learning, each grade participated in age-appropriate Tihar-related activities through the school-made curriculum.

### Grade 1 - Peda Making

Our Grade I students enjoyed a delightful hands-on experience making peda, allowing them to connect with the festival through taste, texture, and creativity. Activities like these help build sensory awareness and cultural familiarity from a young age.



### Grades 2 & 3 - Deusi and Bhailo

Keeping alive the spirit of Nepali festivals, students of Grades II and III played Deusi and Bhailo with each other. Their performances brought excitement and cultural engagement, helping them understand traditional values through songs, rhythm, and movement.



### Grade 4 - Laxmi Puja

Grade IV students beautifully organized and performed Laxmi Puja. They prepared offerings, decorated their space thoughtfully, and performed the rituals with devotion. This activity was designed not only to celebrate the festival but also to help students understand the significance of prosperity, gratitude, and cultural respect.

### Grade 5 - Mha Puja

Grade V students celebrated the Newari festival of Mha Puja, focusing on self-awareness, gratitude, and well-being. With parents joining as resource persons, the event became deeply meaningful. Students learned to honour their inner strength and understand the value of caring for their physical and emotional health. This ritual encouraged reflection and responsibility toward oneself.



### Grade 6 - Flower Decoration

Grade VI students joyfully contributed to the festive environment by creating beautiful floral decorations. From marigold garlands to colourful designs, their teamwork and creativity highlighted the essence of collaboration and aesthetic appreciation.



### Grade 7 - Rangoli, Batti Making, and Tihar Market

Students of Grade VII poured their creativity into designing rangoli patterns, making cotton battis, and engaging in Tihar-themed activities. These experiences strengthened their artistic abilities while celebrating cultural values with enthusiasm. They even created a small market featuring Tihar-related materials. This activity provided them with meaningful real-life exposure, allowing students to explore concepts of buying, selling, teamwork, and cultural understanding in an engaging way.



## Academic Updates

### Mid-Term Test II

Mid-Term Test II was conducted from 18th to 21st Kartik, allowing us to assess students' academic progress and provide timely feedback for continued improvement.

### Support Classes & Preparation for the Second Terminal Examination

Support classes in Mathematics, Social Studies, and Nepali have continued from Asoj to strengthen foundational understanding. With the second terminal examination approaching in Mangsir, this is an important phase for students to focus, revise, and manage their study schedules effectively.

We request parents to support and guide their children in maintaining disciplined routines, revisiting lessons, and minimizing distractions. Regular effort—both at school and at home—will help students clarify concepts, build confidence, and perform to the best of their abilities.

With commitment, cooperation, and positivity, we believe our students will meet the upcoming exams with readiness and determination.

As we reflect on this period of learning and celebration, we extend our heartfelt appreciation to our students, teachers, and parents for their constant support and enthusiasm. Every activity, visit, and classroom experience becomes meaningful because of the collective effort of our school community. We remain committed to nurturing confident learners, compassionate individuals, and responsible citizens. With continued collaboration and encouragement, we look forward to the coming weeks of growth, preparation, and academic excellence.

Thank you for being an integral part of the Pathshala family.

Warm regards,

**Vibha Thapa**

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## From the Desk of ECA Coordinator

Dear Students, Parents, Teachers, and Respected Stakeholders

Warm greetings from the ECA Department!

As we are near to the completion of the **Second Term** of this academic year, we take this opportunity to extend our heartfelt gratitude to all **parents, guardians, teachers, and students** for your unwavering support, valuable feedback, and constructive suggestions.

Your active involvement has been instrumental in creating meaningful learning experiences for our students. We look forward to continuing this collaborative journey and making the upcoming term even more **productive, inspiring, and enriching** for all.

### Student Achievement

- We are delighted to announce that **Aarohi Shrestha (Grade VI)** secured **Third Position** in the **Queen's Gambit Chess Competition** organized by **Himalayan Chess Academy**. A total of **nine students from Grades V to VIII** participated in the event and showcased commendable performances. This achievement reflects the dedication and talent of our students. We extend our heartfelt congratulations to Aarohi for making the school proud.
- Similarly, **Adarsha Khatri (Grade X)** and **Naman Kharel (Grade VIII)** represented our school in the chess competition organized by **Nepal Police School, Samakhusi**. Although they did not secure any positions, they performed well and gained valuable experience.
- In addition, during the chess competition held by **PABSON Lalitpur at Shreekul School, Oscar Panthee (Grade VIII)** achieved **Second Position** in the **U13+ category**, while **Abhuyada KC** secured a **Top 10 position** in the **U13 category**.



- We are proud to announce that **students of Grade III** secured the **Second Position** in the **Spelling Bee Contest** organized by **Sudesh School**.
- **Grade IX students** enthusiastically participated in the **3K Run** and successfully completed the marathon during the **Kathmandu Marathon** held on **November 1** at **Dasharath Stadium**.
- **Students from Grades VI to VIII (ages 11 to 13)** took part in the **International Arts Competition** organized by **Lions International**, showcasing their creativity and artistic talent on a global platform.



- This accomplishment reflects the hard work and dedication of our students. We extend our heartfelt congratulations and wish them continued success in all their future endeavors.

### Scout Camps

- **Grade VIII** students participated in a **three-day, two-night Scout Camp** at the *Kakani International Scout Training Center, Kakani, Nuwakot* from **31st Ashwin to 2nd Kartik, 2082**. This program, supported by *Pathshala Nepal Foundation*, provided students with **experiential learning opportunities**, promoted **teamwork**, and fostered **leadership development** in a natural setting.
- Similarly, **Grade VI** students attended a **two-day, one-night Scout Camp** held at the **school premises** from **28th Kartik to 29th Kartik, 2082**. The camp enabled students to **develop leadership skills**, engage in **team-building activities**, and gain **valuable hands-on experiences**.



## Spelling Contest

- A Spelling Contest for Grades I-III was held on 20th Bhadra. In the Grade I category, Saptakoshi House secured the first position, while Laligurans, Tilicho, and Manaslu Houses achieved the second, third, and fourth positions, respectively.
- In the Grades II and III category, Tilicho House claimed the first position, followed by Saptakoshi, Manaslu, and Laligurans Houses, which secured the second, third, and fourth positions, respectively.



## Clay Work Workshop

We express our sincere gratitude to **Mr. Nilesh Shakya** for dedicating his valuable time to guide our **Grade V students and Arts Club members (Grades VI-X)** in learning the art of clay work on 25<sup>th</sup> and 26<sup>th</sup> Kartik. His expertise and engaging teaching approach provided an enriching experience for both students and teachers, fostering creativity and hands-on learning.



## Upcoming Events:

- We are pleased to inform you that **Grade VI students** will participate in a *Debate Competition (वादविवाद प्रतियोगिता)*, while **students of Grades VII and VIII** will take part in a *Public Speaking Competition (वक्तृत्वकला प्रतियोगिता)* at the school on **14th Mangsir**. The **selection rounds have already been completed**, and we kindly request the parents of the selected students to support and encourage their children in preparing well for these competitions.
- Further, we would like to share that **selected students from Grades V to X** are actively participating in various sports events, including **football and cricket**, in the *Thunderbolt Competition* organized at **GEMS School**. We extend our best wishes to all the participants for outstanding performances and hope they make us proud with their dedication and sportsmanship.

We deeply value your suggestions and feedback, which help us refine and enhance our activities. Thank you for your ongoing support, and together, let us make this term a memorable one.

Sincerely,

**Bishnu Lamsal**

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