



# NEWSLETTER

Volume: 22 Issue: 6

16 Mangsir, 2082 (December 2, 2025)

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## From the Principal's Desk

### Dear Parents and Guardians,

Warm greetings from Pathshala!

We would like to express our heartfelt thanks to all parents, teachers, and students for your continuous effort in making the learning environment at Pathshala better each day. Your cooperation, feedback, and dedication truly help us grow as a learning community. Here we are again with important information or news to share with you.

### Winter Care & Winter School Uniform Reminder

Winter is approaching, and the mornings and evenings have already started becoming colder. We kindly remind all parents to send children in a proper **warm winter school uniform**, which includes:

- School sweater
- School jacket
- School Muffler and cap
- Warm inners
- Full-sleeve shirt

Please avoid any **non-uniform outerwear**, as we maintain consistency in our school dress code. All uniform items are available at the designated Pathshala uniform suppliers.

### Some Winter Care Tips for Families:

- Keep children well-covered, especially head, ears, and chest.
- Ensure students drink warm water and stay hydrated.
- Encourage a balanced diet including soup, seasonal fruits, nuts, and warm meals.
- Maintain regular sleep routines to boost immunity.
- Keep young children away from early morning fog and cold wind.
- Use moisturizer to avoid dry skin and cover feet with warm socks.

### Second Term Examination

The Second Term Examination begins on **22<sup>nd</sup> Mangsir**. Parents are requested to check the shared exam routine and syllabus. These have been provided so that students can prepare in a planned manner by adjusting their home-study schedule. Teachers have oriented students at school, and we request parents to guide, remind, and support them at home. If you require any assistance, please feel free to contact the Grade Teacher (GT).

### Importance of Exam Preparation Beyond the Exam

Preparing for exams is not just about scoring marks. It helps students:

- Build a habit of **regular and planned study**
- Learn to **stay focused** and avoid distractions
- Develop **self-discipline** and confidence
- Cultivate a long-term **positive learning attitude**, not just study for tests

### Tips to Support Your Child at Home:

- Help them make a small daily study timetable.
- Create a quiet space for focused study (limit TV and mobile distractions).
- Encourage short breaks between study sessions.
- Praise their effort, not only the score.
- Check their notes, textbooks, and assignments regularly.
- Ensure proper sleep and healthy meals for better concentration.

### New Action Team Partnership (ATP) Formation!

As ATP consists of Parents' representative of each section of particular grades, ATP plays a vital role to bridge up the school and parents for better learning opportunities and outcome. We are excited to inform that vacant spaces are also filled with new appointments and a complete team is created for 2082.

Thank you very much all parents and guardians for concerns regarding ATP formation and information! ATP members – 2082's names are sent to respective grades in Viber group last week and communication table is sent to respective grade's ATP, too.

I hope all have received respective documents. If any confusions yet, please communicate with our Academic Coordinator, Ms. Sanju Acharya (9851072512).

ATP meeting will be conducted next week but date is still to be fixed and informed so that all can attend.

### Use of Stationary and Expensive Items

We strongly encourage students to use the stationary items provided by the school for schoolwork. Parents are requested not to send fancy or unnecessary materials unless specifically requested by the subject teacher in writing.

Additionally, please ensure that children do not bring expensive items to school. This helps avoid the distraction loss, or damage of personal belongings.

### Major Dates to Remember

Month	Date	Activity
Mangsir	22-29	Second Term Examination
Poush	1-7	Term Break for Students
	8	Classes Resumes (Grades 1-8)
	12	Parent-Teacher Conference (PTC)
	22-30	Winter Vacation
Magh	1-6	Winter Vacation Continues
	7	School Resumes

*Annual Outdoor Studies for Grades VII & VIII will be scheduled during winter vacation. Details will be sent soon.*

Please go through this version of the **Subject-wise Newsletter** as well. The objective is to give you the details of the major activities conducted in each subject.

**Happy reading!**

Warm regards,  
Anita K. Tamang  
(anita@pathshala.edu.np / 9851106722)

## From the Desk of Academic Coordinator

**Dear Parents and Guardians,**

Warm greetings from Pathshala!

We are delighted to bring you yet another edition of our newsletter, highlighting the rich learning experiences, explorations, and celebrations that have shaped this academic phase. At Pathshala, we take pride in connecting academics with meaningful activities, ensuring that learning becomes joyful, relevant, and rooted in real-life contexts. Our school-made curriculum continues to provide students with opportunities to inquire, observe, create, reflect, and celebrate the diverse aspects of knowledge and culture.

### Connecting Learning with Celebrations

#### World Education and Literacy Day – Grade 6

Grade VI students meaningfully marked World Education and Literacy Day, exploring its value through guided research and classroom-based activities. Understanding the privilege and responsibility of education is important for today's children, and this celebration encouraged them to reflect on why literacy remains a powerful global tool for empowerment. Students collected facts, prepared short presentations, and discussed how education shapes personal growth, community development, and future opportunities. The day served as a gentle reminder that learning is a gift, and its value must be recognized and preserved.



### Experiential Learning Highlights

#### Three-Day Scout Camp – Grade VIII

From 31st Ashoj to 2nd Kartik, our Grade VIII students participated in an enriching three-day Scout Camp filled with adventure, teamwork, and outdoor learning. Students engaged in structured scout drills, obstacle challenges, nature hikes, and group-based tasks that nurtured discipline, problem-solving, and leadership qualities. As the evenings settled in, students gathered around the campfire—singing, sharing stories, and reflecting on their day in a warm and supportive environment.

The camp offered a unique opportunity to step beyond the classroom, developing resilience and cooperation while living out the Scout motto, “*Be Prepared.*” It was inspiring to see students embrace challenges and discover their strengths through experience.



### International Day for the Eradication of Poverty – Grade VIII

Observing this day allowed students to reflect on the challenges faced by communities across the globe. Through discussions, group reflections, and awareness-building activities, students explored the importance of empathy, compassion, and collective responsibility. They learned how individual actions—whether through kindness, resource sharing, or community support—can contribute toward reducing poverty and promoting fairness. This day helped them internalize the values of humanity and social duty.

### Scout Camp Experience – Grade VI



Grade VI participated in their Scout Camp on the 28th and 29th of Kartik, beginning with activities at school and concluding with an overnight camp at the Bagdol premises. Students participated in adventurous and skill-building tasks such as tire crossing, tire wall climbing, bamboo crossing, spider web challenges, and caterpillar walk, among others. Each activity pushed them to collaborate, think critically, and trust their abilities. The Scout Camp plays an important developmental role at this age. It equips children with courage, discipline, and resilience—skills that will serve them in future academic, social, and personal challenges.

### Heritage-Based Learning Across Grades

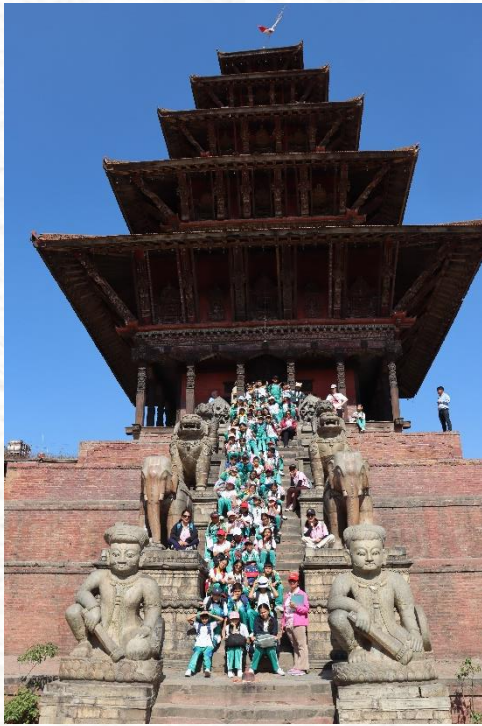
At Pathshala Nepal Foundation, we believe that understanding one’s roots is a vital part of holistic education. Heritage-based learning allows students to experience history, art, architecture, and culture not as distant concepts, but as living realities that shape the identity of our nation. Through carefully curated visits aligned with the school-made curriculum, students from different grades immersed themselves in Nepal’s treasured historical sites, deepening both knowledge and appreciation.

### Grade 4 – Patan Durbar Square & Banglamukhi Pond

Our young learners of Grade IV embarked on a meaningful visit to Patan Durbar Square—one of Nepal’s most prominent UNESCO World Heritage sites. Through guided exploration, they observed traditional craftsmanship, intricate wood and metal work, and iconic structures from the Malla period.

Students interacted with locals, priests, and visitors, learning how these monuments continue to serve cultural and religious functions today. The visit helped them understand the importance of preservation, respect for historical spaces, and pride in Nepal’s artistic legacy.





Their learning extended to Banglamukhi Pond, where they observed the serene environment and reflected on why natural and cultural sites must be protected. Students discussed ways to keep such areas clean and vowed to spread awareness within their community, reinforcing values of responsibility and environmental care.

### Grade 5 – Bhaktapur Durbar Square

Grade V students explored Bhaktapur Durbar Square—an open museum of culture, architecture, and heritage. Walking through the narrow alleys, ancient courtyards, and iconic temples, they experienced the grandeur of the Malla dynasty firsthand.

Students observed artistic details, took notes on historical structures, sketched monuments, and learned about traditional craftsmanship that continues to thrive in Bhaktapur. The visit was made even more memorable by tasting the famous *Juju Dhau*, giving students a cultural flavour of the city’s identity. This immersive experience strengthened their understanding of history and enriched their appreciation of Nepal’s preserved heritage.



### Grade 7 – Chhauni Museum Visit

Students of Grade VII visited Chhauni Museum to deepen their understanding of Nepal’s medieval art and architecture. The museum offered them a rare opportunity to study sculptures, artifacts, religious icons, and historical tools with greater detail and context. Through observation and guided discussions, students learned about the symbolism behind different artworks, the craftsmanship of artisans from centuries ago, and the cultural significance of each preserved piece.

The visit not only strengthened their academic foundations but also inspired curiosity and appreciation for Nepal’s cultural continuity. It helped them see how artistic heritage shapes identity, belief systems, and community narratives.

### Grade 6 – Kirtipur Heritage Visit

Grade VI students explored key heritage sites in Kirtipur, including Bag Bhairav Temple, Uma Maheshwori Temple, and the famous Chovar Gorge. At Bag Bhairav and Uma Maheshwori temples, students learned about architectural styles, religious traditions, and the historical stories connected with these sacred places. They gained a deeper understanding of how heritage sites serve spiritual, cultural, and communal roles in Nepali society. At Chovar Gorge, students explored the fascinating geography and legends surrounding the site. Observing the natural formations and learning about the ancient belief that the gorge was carved to drain the Kathmandu Valley allowed them to appreciate the blend of natural history and cultural mythology. This visit helped students recognize how heritage is not only preserved in monuments but also in landscapes, stories, and lived experiences.



### Environmental Initiative – Grade VII Compost Manure Project

Initiated in Asar, the Compost Manure Project reached a successful conclusion with the active involvement of Grade VII students. Over several months, students collected degradable waste, mixed it with cocopeat, stirred and dried the mixture repeatedly, and carefully crushed it into a fine manure. On Ashoj 28, they proudly packaged the completed compost—a testament to their dedication, patience, and teamwork. Beyond the product itself, students learned the value of waste management, environmental responsibility, and sustainable practices.

### Tihar Celebrations Across Grades

To strengthen cultural understanding and foster joyful learning, each grade participated in age-appropriate Tihar-related activities through the school-made curriculum.

### Grade 1 – Peda Making

Our Grade I students enjoyed a delightful hands-on experience making peda, allowing them to connect with the festival through taste, texture, and creativity. Activities like these help build sensory awareness and cultural familiarity from a young age.

### Grades 2 & 3 – Deusi and Bhailo

Keeping alive the spirit of Nepali festivals, students of Grades II and III played Deusi and Bhailo with each other. Their performances brought excitement and cultural engagement, helping them understand traditional values through songs, rhythm, and movement.

### Grade 4 – Laxmi Puja

Grade IV students beautifully organized and performed Laxmi Puja. They prepared offerings, decorated their space thoughtfully, and performed the rituals with devotion. This activity was designed not only to celebrate the festival but also to help students understand the significance of prosperity, gratitude, and cultural respect.

### Grade 5 – Mha Puja

Grade V students celebrated the Newari festival of Mha Puja, focusing on self-awareness, gratitude, and well-being. With parents joining as resource persons, the event became deeply meaningful. Students learned to honour their inner strength and understand the value of caring for their physical and emotional health. This ritual encouraged reflection and responsibility toward oneself.

### Grade 6 – Flower Decoration

Grade VI students joyfully contributed to the festive environment by creating beautiful floral decorations. From marigold garlands to colourful designs, their teamwork and creativity highlighted the essence of collaboration and aesthetic appreciation.

### Grade 7 – Rangoli, Batti Making, and Festive Creations

Students of Grade VII poured their creativity into designing rangoli patterns, making cotton battis, and engaging in Tihar-themed activities. These experiences strengthened their artistic abilities while celebrating cultural values with enthusiasm.



## Mid-Term Test II

Mid-Term Test II was conducted from 18th to 21st Kartik, allowing us to assess students' academic progress and provide timely feedback for continued improvement.

## Support Classes & Preparation for the Second Terminal Examination

Support classes in Mathematics, Social Studies, and Nepali have continued from Asoj to strengthen foundational understanding. With the second terminal examination approaching in Mangsir, this is an important phase for students to focus, revise, and manage their study schedules effectively. We request parents to support and guide their children in maintaining disciplined routines, revisiting lessons, and minimizing distractions. Regular effort—both at school and at home—will help students clarify concepts, build confidence, and perform to the best of their abilities. With commitment, cooperation, and positivity, we believe our students will meet the upcoming exams with readiness and determination.

## Second Term Examination

The Second Terminal Examination will commence on 22nd Mangsir and will continue until 29th Mangsir. The exam routine and syllabus have already been shared with you. We kindly request you to provide close supervision and support to your child for effective revision as per the given schedule.

As we reflect on this period of learning and celebration, we extend our heartfelt appreciation to our students, teachers, and parents for their constant support and enthusiasm. Every activity, visit, and classroom experience becomes meaningful because of the collective effort of our school community. We remain committed to nurturing confident learners, compassionate individuals, and responsible citizens. With continued collaboration and encouragement, we look forward to the coming weeks of growth, preparation, and academic excellence.

Thank you for being an integral part of the Pathshala family.

Warm regards,

Sanju Acharya

(sanju@pathshala.edu.np/ 9851072592)

## From the Desk of Level Coordinator

“Encourage and support your kids, because children are apt to live up to what you believe of them.”

- Lady Bird Johnson

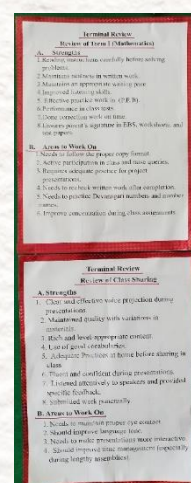
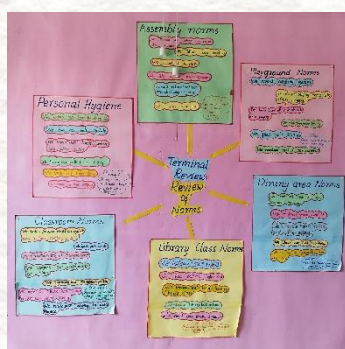
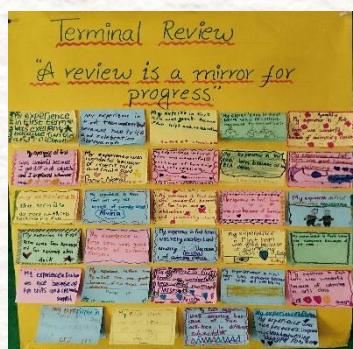
Dear parents and guardians,  
Namaste and warm greetings!

We truly appreciate the trust you have placed in us and look forward to working together with the same spirit in the coming terms. Thank you for walking hand in hand with us in shaping bright futures.

## Review of Term-I and Target setting for Term-II

Review and Reflection are the essential parts of our school culture. The students of Grade: 1, 2 and 3 involved themselves into self- evaluation and target setting in the first week of Term-II. This process helps them to identify what they are good at and where improvement is needed. They tried to recognize their achievements and strengthened their self-belief. It further promoted accountability for their own actions, decisions, and learning.

## Some glimpse of Review and Reflection in Grade-2



## Grade I:

As a part of our School-Made Curriculum (SMC), our first graders visited ISKCON situated at Buddhanilkantha. The major objective of the visit was to collect information about the religious place, its history and its importance. The students actively communicated with the resource person and collected information about the place. The visit provided them with an opportunity to observe and connect with cultural and religious practices. Through this experience, they not only deepened their understanding of traditions but also developed a sense of respect and appreciation for heritage.



Figure 1 Students engaged in studying map on the way to ISKCON

## Celebration- Krishna Janmastami

The spirit of devotion and joy filled the air as our Grade 1 students presented a delightful show on the occasion of **Krishna Janmastami**. Dressed as little Radhas and Krishnas, the children beautifully brought alive the essence of Lord Krishna's playful childhood moments.



The program began with worshipping Lord Krishna and *bhajan* followed by melodious songs, beautiful dance and choreographed act. The students confidently shared their journal on their ISKCON visit and presented creative character sketch of Lord Krishna. A talk show that reflected the values we learn from Lord Krishna kept the audience enchanted. The students' innocent expressions and graceful moves captured the playfulness and charm of little Krishna.



We were thrilled to see our young learners performing with such confidence, enthusiasm, and devotion.

The celebration not only showcased the talent of our young learners but also reminded everyone of the values of love, joy, and togetherness that Lord Krishna symbolizes.

The day ended with blessings and smiles, leaving a lasting memory of a vibrant and heartwarming celebration. **On October 15**, our first graders enthusiastically observed Global Hand Washing Day 2025 under the theme "Be a Hand Washing Hero!"



The assembly featured a series of engaging activities, including an informative presentation, a thematic skit, a lively song performance, and a practical demonstration of proper hand washing steps.

Following the assembly, students took part in a hands-on hand washing session, practicing each step with great interest and commitment. They are now well-prepared to promote hygiene and healthy habits within their homes and communities.

**On November 20**, Students of Grade I visited the Central Zoo to explore the habitats and diets of various animals and birds, and to observe how they are cared for. The visit provided them with valuable hands-on learning and helped strengthen their understanding of the natural world.



### Grade II:

Grade II will be celebrating **World Soil Day** this Friday i.e 19<sup>th</sup> Mangsir.. Students have been learning about the importance of soil, its types, and the ways we can care for it. To deepen their understanding, they will also participate in an interactive session with **Mr. Mukunda Dhungana, a geologist**, who will help them explore more about soil in the context of Nepal.

### Grade III:

Grade 3 students visited Guyheswori temple with the objective of collecting information about the myth and history of the place; learning the importance of religious place and finding out the ways to conserve it.

They also engaged in *Jamara* plantation followed by some prayers and worshipping goddess Durga for nine days.

On Thursday, 13th November Grade III students also observed World Kindness Day, under the theme “Be Kind Wherever Possible.”

The program featured a series of thoughtful presentations, including songs, drama, dance, and sharing activities, through which students meaningfully expressed the values of kindness and empathy.



Each performance highlighted their compassionate spirit and reinforced the message that simple acts; such as offering a smile, speaking kindly, or extending a helping hand - can contribute significantly to creating a positive and harmonious environment.

The celebration not only showcased the students' creativity and confidence but also encouraged the entire school community to embrace and practice kindness in their daily lives.

Warm Regards,  
Upasana Shrestha  
(upasana@pathshala.edu.np/ 9841171652)

## From the Desk of ECA Coordinator

Warm greetings dear parents and guardians!

We are delighted to connect with you once again and share updates about our recent activities and achievements. We are thrilled to share the success of our recently concluded Scout Camp and Singing/Dance Talent Show – 2082! We sincerely extend our heartfelt gratitude to all parents, guardians, teachers, and students for your continuous support in enriching our Extracurricular Activities (ECA) programs. Your active participation and encouragement have played a pivotal role in motivating our students to explore, compete, and shine.

### Student Achievement:

Master **Yazash Ghising** from Grade **VII (B)** has won the local competition in the Lions International Peace Poster Contest on the theme "Together as One" which was held on 12<sup>th</sup> November, 2025.

### Scout Camp

We are delighted to share that our school has successfully completed the Scout Camp for Grade **VI and VIII**. The camp provided our students with a valuable opportunity to learn and practice essential life skills such as discipline, teamwork, confidence, and respect. Through various activities and challenges, the students developed a strong sense of responsibility, cooperation, and leadership. Overall, the Scout Camp was a meaningful and memorable journey for all participants.

### Talent Shows

We are pleased to announce the successful completion of **Singing and Dance Talent Show**, an annual event where students showcased their artistic abilities in a competitive yet encouraging environment. Conducted in alternate years, this year, students from **Grades I to V** competed in the **Singing Competition**, while students from **Grades VI to VIII** competed in the **Dance Competition**.

**SINGING TALENT SHOW- 2082 (GRADE I)**



Position	Name of Student
1st	Sanidhya Baral (IA)
2nd	Anav Timalisina (IA)
3rd	Prarthana Thapa (IA)

**SINGING TALENT SHOW- 2082 (GRADE II & III)**



Position	Name of Student
1st	Krishna Basaula (IIB)
2nd	Megha Sharma Manandhar (IIIB)
3rd	Arpan Panta (IIA)

**SINGING TALENT SHOW- 2082 (GRADE IV & V)**



Position	Name of Student
1st	Sambhawi Jirel (IVA)
2nd	Uttara Shakya (IVA)
3rd	Ananya Raj Panta (VA)

**DANCE TALENT SHOW- 2082 (GRADE VI - VIII)**



Position	Name of Student
1st	Krishika Subedi (VIII A)
2nd	Eshwika Luitel (VIII B)
3rd	Rivansh Poudyal (VIB)
3rd	Priyansha Budhatokhi (VIII B)

### Debate and Public Speaking Competition:

We are pleased to inform you that **Grade VI students** have participated in a *Debate Competition (वादविवाद प्रतियोगिता)*, while **students of Grades VII and VIII** took part in a *Public Speaking Competition (वक्तृत्वकला प्रतियोगिता)* at the school on **14th Mangsir**.



We are also glad to inform that we are planning soon for better opportunities for students to participate in few outdoor competitions as convenient.

We deeply value your suggestions and feedback, which help us refine and enhance our activities. Thank you!

Sincerely,

Anup Shakya

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