



NEWSLETTER

Volume: 22 Issue: 4

8 Shrawan, 2082 (July 24, 2025)

"The only person who is educated is the one who has learned how to learn and change."
- Carl Rogers

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From the Principal's Desk

Gratitude for a Fruitful Ashar

Namaste Parents, Guardians, Teachers, and Students,

We begin this month's note with heartfelt **thankfulness** to all—students, teachers, and parents—for your unwavering support and active involvement in making **Ashar** a successful and meaningful month of learning and growth. The energy, enthusiasm, and commitment shown by our learning community have been remarkable.

Highlights of Ashar

As planned in our academic calendar, several **exciting classroom and school activities** took place in Ashar. One of the major highlights was the **Bhanu Jayanti Celebration**, where students from various grades engaged in Nepali literary activities, including writing paragraphs, stories, poems, and recitation. They also explored works of Adikavi Bhanubhakta Acharya and his contribution to Nepali literature. The theme of the month, **Nepali Literature**, was enthusiastically embraced, helping our students connect with their language, identity, and cultural roots.

Additionally, many classes conducted **national and international observances** and learned about their significance. These helped broaden the worldview of students and encouraged them to become thoughtful and informed global citizens. (Please refer to the **Coordinator's Section** for details on class-wise events and outcomes.)



Advisement Session with Students

We would like to inform you that the Advisement Session with students was successfully conducted on **6th Shrawan, 2082**. This session is an important initiative aimed at supporting students both academically and emotionally, in alignment with Pathshala's vision of "*Meaningful Education for a Meaningful Life.*"

This time, the session particularly focused on helping **students make the best use of their study and revision time as they prepare** for their upcoming First Term Examinations. Advisors—comprising grade teachers, subject teachers, and coordinators—guided students to reflect on their academic performance, study habits, and time management.

They were encouraged to identify their strengths, understand areas needing improvement, and set realistic goals and strategies for the days ahead.

These sessions create a supportive space for students to feel heard, motivated, and mentored, while also promoting personal responsibility, positive mindset, and focused preparation. We appreciate your continued cooperation in supporting your child's learning journey..

Preparing for the First Terminal Assessment

As we enter Shrawan, the key focus shifts toward **preparation for the First Terminal Assessment**. This is a time of reflection for **students to test their learning**, and for **teachers to evaluate their teaching strategies**. It is also a collective effort where the role of **parents and school** becomes equally important.

To ensure students feel well-prepared and confident:

- **Teachers have planned focused revision sessions** in the days leading up to the exam week.
- Classroom time is being devoted to **concept reinforcement, problem-solving practice, mock questions**, and doubt clarification.
- Students are being guided on **exam formats, time management strategies**, and **revision techniques**.

What Parents Can Do

We encourage parents to work in partnership with us by:

- Helping children create a **balanced home study routine** (see suggested schedule below).
- Motivating them to stick to their revision plans without overloading.
- Offering **emotional encouragement and positive reinforcement**.
- Staying in touch with class teachers or coordinators if your child needs additional support.

Together, we can make the exam period a **learning experience, not a stressful one**.

Study Tips for Students

1. **Make a Study Plan** - Break large topics into small goals. Tick them off as you go!
2. **Practice, Don't Just Read** - Write, solve, draw, speak. Make learning active.
3. **Use Your Peak Time** - Identify the time when you focus best and do your toughest revision then.
4. **Sleep & Eat Well** - A healthy body supports a sharp mind.
5. **Ask for Help** - Whether it's from teachers, parents, or friends, don't hesitate.

Suggested Home Routine for Students

This may vary depending on students' age level, family practice at home, home-school distance, and other conditions. This is only for a reference that can be modified to suit your child's routine at home best. During school-off days, this may vary. Students are also oriented by teachers during the Advisement Session to create a home-study plan or routine. We encourage parents to make this home routine together with the child at home. Teachers will guide them further in school.

Time Slot	Suggested Activity
5:30–6:00 AM	Wake up and do light physical exercise or yoga with quiet time or meditation
6:00–7:00 AM	Morning revision (light reading/ practice)
7:00–7:30 AM	Get ready and have a healthy breakfast
School Hours	Attend classes
4:00–5:00 PM	Rest and light snacks
5:00–7:00 PM	Core study session at home
7:00–8:00 PM	Break / Dinner
8:00–9:00 PM	Practice worksheets/recall activities
9:00–9:30 PM	Relax and prepare for sleep

Term Break and Assignments

After the First Terminal Exams, students will have a short **term-break**. However, to maintain learning continuity:

- **2–3 days of the break** will be utilized for **guided, study-based activities**, such as reading, or light assignments.
- Teachers will **clearly orient students** regarding these assignments and expectations during the **final days of the exam period**.

These tasks are designed to help students stay connected with their learning without pressure, and to keep their minds active in meaningful ways.

Fostering Reading Habits Through Term Break Reading Books

As part of our continued effort to build strong reading habits in our students, we are sending home one extra reading book in both **Nepali and English** with each student during this **term break**. These books have been thoughtfully selected according to age and reading level, keeping them simpler in the first term.

The reading will be **followed up by the teacher** once the school resumes, helping ensure engagement and accountability.

We believe this initiative will:

- Encourage **independent reading**, beyond the curriculum
- Expose students to a **variety of ideas, vocabulary, and writing styles**
- Help improve their **language fluency and comprehension**
- Strengthen both **mother tongue and second language skills**
- Instill a **habit of lifelong reading** by making it a part of their home routine

The **cost of the books will be added to the monthly bills**, and we thank you for supporting this important step in your child's holistic development.

A Gentle Reminder

First Day of Class

As always, we highly encourage all students to be present **from the very first day of class resumption** after the term break. Returning on time sets a positive tone for the **second term**, helps maintain momentum, and avoids unnecessary catch-up stress.

Account Section

The **Ashar bill** has been sent. We sincerely appreciate those who have already completed the payment on time. If you haven't done so yet, we kindly request your cooperation in settling it at your earliest convenience. After making the online payment, please send a copy of the receipt to the school's Viber account at **9863593502**. Thank you for your continued support!

Finally, let's remind our children that **exams are not just a test of memory**, but a celebration of learning. It is a chance to reflect, express, and grow. **Do your best, but don't worry too much**. With confidence, preparation, and support, we believe each student will shine.

Wishing all our dear students the **very best** in their assessments!

With warm regards,

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From the Desk of Level Coordinator (1-3)

"What make a child gifted and talented may not always be good grades in school, but a different way of looking at the world and learning." -Chuck Grassley

Dear Parents and Guardians,

Namaste and warm greetings!

We are delighted to bring you another edition of our Administrative Newsletter. This publication serves as a glimpse into the enriching learning experiences, accomplishments, and future endeavors taking place in our grades I-III. Thank you for walking this journey with us as active partners in your child's learning and growth.

Monthly Highlights and Upcoming Activities

Grade 1: Educational Field Visit - Krishna Mandir, Patan

As part of our School-Made Curriculum (SMC) and in alignment with the CDC's emphasis on socio-cultural understanding and experiential learning, our first graders visited the Krishna Temple at Patan. The objective of this trip was to help young learners explore places of cultural and religious importance, fostering early appreciation for heritage, traditions, and values. Students learned about the daily rituals, and significance of the temple, enhancing their observational and reflective skills.



Grade 2: Educational Field Trip – Bagwani Kendra, Kirtipur

Grade II students explored Bagwani Kendra as part of our SMC initiative, closely linked with the CDC's goals of environmental awareness and practical learning. The visit helped students connect classroom knowledge with real-life experiences by observing various fruit plants, learning their growth process, and understanding the role of nature in daily life. It strengthened inquiry-based learning and promoted curiosity and responsibility toward environmental conservation.



Celebration – International Fruits Day 2025

With the theme 'Inclusive Styles', our Grade II learners marked International Fruits Day with enthusiasm and creativity. Through activities such as fruit identification, nutritional value sharing, skits, poems, songs, and group performances, students gained knowledge about healthy eating and balanced diets. Engaging in hands-on activities such as preparing fruit salad and juice during snack time fostered teamwork, independence, and practical life skills among the students.



Grade 3: Experiential Project - From Garden to Plate

Our third graders continued their long-term project initiated on World Environment Day. Students took full ownership of their kitchen garden by planting, nurturing, and monitoring the vegetables. Recently, they harvested the first batch of produce, which was proudly handed over to the school kitchen and served as part of the meal-demonstrating the concept of farm-to-fork. This project reflected the aim of promoting life skills, responsibility, environmental literacy, and real-world applications that support students' holistic growth and development. As the cycle continues, our learners await the next harvest-nurturing patience, observation, and consistent care.



First Term Wrap-Up & Assessment Updates

We are nearing the end of the First Terminal Session, which has been a vibrant blend of academic learning, co-curricular activities, and meaningful experiences. Our facilitators are now fully engaged in the final phase of assessment and evaluation, utilizing both formative and summative tools in alignment with the Continuous Assessment System (CAS) as outlined by the CDC:

- Daily assignments and tests
- Hands-on projects and peer learning
- Class participation and engagement
- Anecdotal records and behavioral reflections

Students needing extra support are being guided through remedial measures, peer support groups, and personalized facilitation-ensuring inclusive and equitable learning for all.

Term Break Plans & Parental Support

A short term break will follow the assessments. Students will be provided with light assignments aimed at review, creative writing, and independent reading to keep them engaged.

We kindly request parents to encourage children to maintain a daily study routine while also engaging in productive activities such as:

- Reading storybooks
- Journaling
- Art or home science tasks
- Helping with small home responsibilities

Such practices enhance children's responsibility, creativity, and life skills beyond the classroom.

Heartfelt Gratitude to Our Parent Community

None of our achievements this term would have been possible without the active involvement and encouragement of our parents and guardians. Your constant support, timely communication, and trust in our educational process have been the pillars of our progress.

As we look forward to the next term, let us continue fostering a nurturing, collaborative, and joyful environment for our children to grow, learn, and shine.

Warm regards,

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Bridging Hearts, Building Minds

Dear Parents,
Namaste.

As the month of Ashadh comes to a close, we take this opportunity to reflect on the meaningful experiences, learning milestones, and heartfelt connections that have defined these weeks at Pathshala. Each activity, whether inside or outside the classroom, has been another step in nurturing our students intellectually, emotionally, and socially.

Celebrating Grandparents Day: A Tribute from Grade 4

One of the most heartwarming events this month was the Grade 4 Grandparents Day Celebration. With immense joy and gratitude, we welcomed the beloved grandparents of our students to a gathering filled with music, dance, poetry, skits, and heartfelt sharings by the children. This celebration was more than a performance, it was a tribute to the deep, nurturing presence of grandparents in a child's life.



"A warm hand that holds many things" this phrase resonated throughout the event. It reflects not only the physical presence of grandparents, but also the deep emotional strength, timeless values, gentle wisdom, and silent encouragement that help shape the lives of our children. Their presence that day reaffirmed the special bond they share with our students, reminding us that some lessons in life are best taught with love, patience, and experience.

Mid-Term Parent-Teacher Conferences: A Shared Responsibility

The Mid-Term Parent Teacher Conference was conducted with active participation across all grades. These meetings offered a vital space for dialogue, reflection, and planning. Through collaborative conversations, teachers shared academic progress and areas of improvement, while parents offered insights into their children's learning at home. This exchange allowed us to jointly design strategies for each student's academic journey tailored, meaningful, and realistic. We thank all parents for their involvement and openness in making these sessions fruitful.

Preparing for the First Terminal Examinations

We have now entered into the revision phase for the upcoming First Terminal Examinations. To help students approach this period with clarity and purpose, we conducted a special Advisement Session for Grades 6, 7, and 8. Mentors guided each group through:

- Understanding the exam schedule and format
- Strategies for revision and time management
- Stress management and exam readiness

These sessions were designed to prepare students academically and also to instill a mindset of accountability, discipline, and self-belief. We urge all parents to reinforce this effort at home by creating a supportive study environment and emphasizing the importance of approaching exams with seriousness and honesty. Exams are not merely tests, but they are reflections of learning, effort, and growth.

Ongoing Enrichment: Chinese Speech Competition

Amid preparations, selected students from various grades are also participating in the Chinese Speech Competition. This exciting challenge is not just about language fluency; it opens the door to appreciating a new culture and way of thinking. We believe this will broaden their perspective and enrich their confidence in global communication.



Experiential Learning Through SMC: Restaurant Visit & Rice Plantation

As part of the School Made Curriculum (SMC), our students engaged in two enriching, real-world learning experiences:

Grade 4 students visited a restaurant, where they learned about kitchen tools, hygiene, safety protocols, and the role of hospitality in our national economy. This exposure helped students connect textbook learning with practical business insights, sparking curiosity about careers and responsibilities in everyday industries. We extend our sincere thanks to the parents of Master Monsoon Maharjan for facilitating this valuable learning space.



Grade 8 students delved into agriculture during National Paddy Day on Ashar 15, expanding on their rice plantation project. This activity helped them view agriculture not just as tradition, but as a scientifically relevant, environmentally critical field. The experience strengthened their understanding of food security, biodiversity, and the importance of respecting our farmers.

Academic Support for Success

To ensure that no child is left behind, we conducted extra support classes for students needing additional academic reinforcement. These sessions focused on strengthening foundational concepts and boosting students' confidence before the upcoming exams. We deeply appreciate parents for encouraging students to attend and benefit from these sessions.

Reading with Purpose

During the upcoming terminal break, each student will receive an extra reading book in both English and Nepali, complete with follow-up exercises. This initiative aims to enhance reading fluency, comprehension, and vocabulary building. However, the outcome will depend on how sincerely students engage with this resource.

We request parents to make reading a daily routine during the break. Let's use this time meaningfully, shaping habits that build both language skills and independent thinking. Real growth happens when students invest personal effort and we, as a school and family, stand ready to support that journey.

As always, we remain deeply thankful for your trust, partnership, and care. Together, we continue to shape not just educated minds but kind, curious, and capable individuals.

Warm regards,

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From the Desk of ECA Coordinator

Dear all Namaskar!

Warm greetings from the ECA Department!

As we conclude the first terminal period of this academic year, we extend our heartfelt gratitude to all our teachers, parents, guardians, students, and well-wishers for your unwavering support and active participation. Your encouragement and involvement have been instrumental in making this term successful, enriching, and inspiring for our students.

Achievements and Participation

We are proud to share that our students have enthusiastically participated in various inter-school and valley-wide competitions, bringing glories to our institution:

- **Oscar Panthee (Grade VIII)** showcased exceptional skills and secured First Position in the Valley-wide Chess Competition organized by Triyog School, Dhapasi.
- **Bibhav Poudel (Grade X)** earned Second Position in Poem Writing and Recitation organized by Manav Dharma Sewa Samiti, Gaushala.
- **Sanjeevani Sunar (Grade X)** achieved Second Position in the Essay Writing Competition on the theme 'लागु औषध दुर्ब्यसन तथा यसको रोकथाम'



Bhanu Jayanti Celebration

On 27th Asar, the school joyously celebrated the 212th birth anniversary of the Aadikavi Bhanubhakta Acharya. The program was graced by **esteemed Poet Prabha Bhattarai (Bloodline of Bhanubhakta Acharya)** as the chief guest. It was organized in three segments based on grade levels: Grades IX to X, Grades V to VIII, and Grades I to IV. Students from each group participated in various literary competitions such as Autobiography Writing (Grade I), Paragraph Writing (Grades II and III), Biography Writing (Grade IV), Story Writing (Grade V), and Poem Writing and Recitation (Grades VI to X). The program provided a vibrant platform for students to explore and express their literary talents in Nepali Language. Winners from each category were awarded prizes and certificates, celebrating their creativity and dedication.



Upcoming Events - Second Term Preview

As we step into the second term, exciting programs lie ahead:

Talent Shows:

One of the most anticipated programs of the second term is the Singing and Dancing Talent Show, an annual event that provides students a platform to showcase their artistic abilities in a competitive yet encouraging environment. Conducted in alternate years, this year, students from Grades I to V will participate in the Singing Competition, while students from Grades VI to VIII will compete in the Dancing Competition. The event fosters creativity, confidence, and expression among young performers. Further details, including the schedule and participation criteria, will be shared later.

We look forward to your continued support and enthusiasm in making these events memorable.

Warm regards,

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