

Community
service

CR/SR
Election

ICIMOD
Visit

पाठशाला प्रकृति
काव्योत्सव: २०८२

Community service

Pathshala Pre-Uni Program completed its "Community Service 2081/82" initiative, a key part of its curriculum, from Jestha 16 to 21, 2082. As part of the program, Grade XI students actively participated in forty hours of community service in three areas of Dhading District—Janabhojan, and Nalang.



A glimpse into the Community Service 2081/82.



A glimpse into the Community Service 2081/82.

The first day, Jestha 16, was dedicated to logistical management and preparation at school, followed by five days of on-ground service in the target communities.

During the program, students contributed through meaningful activities such as donating clothes, books, stationery, and other essential items to underprivileged children and families. The initiative helped students learn the value of empathy, teamwork, and social responsibility while also giving them a chance to support people living in underprivileged areas.

CR/SR Oath-taking Ceremony



The newly elected Class Representatives (CR) and School Representatives (SR) of Grades IX and X taking their oaths

We officially felicitated the School Representatives and Class Representatives of Grade IX and Grade X on Jestha 12, 2082.

The newly elected Class Representatives (CR) and School Representatives (SR) of Grades IX and X took their oaths in a formal ceremony held at MadanKrishna Natyashala, in the presence of PNF (Pathshala Nepal Foundation) CEO Mr. Ishwor Adhikari, along with teachers and fellow students.

We wish them all the best as they lead with responsibility and work together to make a difference.

पाठशाला प्रकृति काव्योत्सव: २०८२



Highlights from Pathshala Prakriti Kavyotsav: 2082



Final Exams

The Final Examinations for Grades XI were conducted from Jestha 5 to 16, 2082.

Igniting Purpose and Passion: Prof. Dr. Gyawali's Guidance to Pathshala Students



Grade X students expressed their gratitude to Prof. Dr. Ram Prasad Gyawali.

On Jestha 7, 2082, we organized an inspiring motivational session for the Grade 10 students of Pathshala Baneshwor and Pathshala Bagdol School at the Madan Krishna Natyashala. As the guest speaker, we had the honourable presence of Prof. Dr. Ram Prasad Gyawali, Academic Director, Pathshala Nepal Foundation.

The event commenced with a student presenting an overview of Prof. Gyawali's biography, setting the stage for his insights. Prof. Gyawali then shared significant milestones from his own journey, highlighting the challenges he encountered and the strategies he employed to overcome them.

He emphasized the values of discipline, respect for parents and teachers, learning from failures, and maintaining focus on long-term goals.

Following his presentation, Prof. Gyawali opened the floor for a question-and-answer session, encouraging students to inquire about his experiences and seek guidance on various topics, including education, career choices, and personal development.



A snap from the session by Prof. Dr. Ram Prasad Gyawali.

Environmental Awareness Program

We held an environmental awareness program, featuring a mix of performances, activities, and an engaging panel discussion, on Jestha 25 at Madan Krishna Natyashala.

A warm welcome address set the tone of the program, followed by thoughtful poems that stressed individual responsibility in environmental conservation.

The highlight of the program was a panel discussion with environment experts: Dr. Sanjeev Kumar



Some moments captured from the Environmental Awareness Program.

Bhuchar, Senior Watershed Management Specialist and Intervention Manager at ICIMOD; Mr. Santosh Kafle, Environment Officer of Namobuddha Municipality; Ms. Anju Pandit, Spring Shed Management Analyst at ICIMOD; and Mrs. Sarmila Adhikari, Community Resource Person.

They shared real-world insights on water conservation and community involvement in sustainability efforts. The program provided students with a deeper understanding of environmental challenges and the importance of collaborative efforts.

ICIMOD Visit

On Jestha 8, 2082, the Grade 10 students visited the ICIMOD Knowledge Park and Godawari Kunda as part of the Environment Day celebration.

The visit provided an opportunity for students to learn about environmental conservation and the role of ICIMOD in promoting environmental sustainability in the region.



Students learning about environmental conservation during ICIMOD visit.



A glimpse of CS/SR Election.

CR/SR Election

An election campaign to choose two school representatives and four class representatives from Grade IX and X was held on Jestha 2, 2082.

All the Grade IX and X students cast their votes for their eligible candidates.

Climate Change

— Sukrikshya Neupane (X B)

Climate change is a pressing issue that impacts everyone, regardless of location or identity. It refers to long-term shifts in temperatures and weather patterns, which have accelerated due to human activities since the Industrial Revolution.

The burning of fossil fuels—coal, oil, and gas—has released significant amounts of greenhouse gases like carbon dioxide, methane, and nitrous oxide into the atmosphere, leading to global warming. NASA reports that Earth's temperature has risen by 1.1°C since the 1800s, with the past decade being the hottest on record. This data is supported by satellite, ocean buoy, and weather station measurements. Additionally, ice sheets in Greenland and Antarctica are losing hundreds of billions of tons of ice annually, contributing to rising sea levels and damaging marine ecosystems.

Countries like Nepal are especially vulnerable—not because of high emissions, but due to their geography. The Himalayas are warming faster than the global average, causing glaciers to melt rapidly. The Intergovernmental Panel on Climate Change (IPCC) confirms that human activity is the primary driver of the rapid climate changes we see today.

While natural factors like volcanic eruptions and solar changes have influenced climate over long periods, they cannot explain recent rapid warming. NASA emphasizes that solar activity has remained stable or even decreased, while global temperatures continue to rise, showing that human actions—especially fossil fuel use, deforestation, and certain agricultural practices—are to blame.

Climate change is evident in stronger hurricanes, heatwaves, erratic rainfall, and rising sea levels. Glaciers are retreating, Arctic sea ice is shrinking, and oceans are becoming more acidic—affecting food production, water resources, biodiversity, and human health.

Heatwaves raise the risk of heatstroke and worsen air pollution. Droughts and unpredictable rainfall disrupt farming, leading to food insecurity. In disaster-prone areas, families are displaced, creating climate refugees. Wildlife struggles to adapt, causing shifts in ecosystems. In Nepal, the impact is particularly severe.

The World Bank (2022) reports rising temperatures at higher altitudes, accelerating glacier melt. This increases the risk of Glacial Lake Outburst Floods (GLOFs), which can devastate downstream communities.

Unpredictable monsoons cause floods and landslides, destroying homes, infrastructure, and farmland. Recent rains in Kathmandu displaced many families, while farmers deal with crop failures due to droughts and irregular rainfall.

Despite these challenges, there is hope. Nepal is promoting renewable energy sources like hydro, solar, and wind. The country aims for net-zero greenhouse gas emissions by 2045 under the Paris Agreement, showing strong commitment to climate action. The United Nations Environment Programme (UNEP) recommends steps such as using energy-efficient appliances, supporting green transportation, planting trees, and reducing food waste.

Individuals can also help by using reusable bags, consuming less meat, conserving energy, and being mindful of their habits. Though climate change can feel overwhelming, collective action matters. Every degree of warming avoided, every tree planted, and every liter of fuel saved contributes to a healthier planet.

As we consider our future, it's essential to recognize that climate change is not just a scientific issue; it's a human story that we are all part of. We have the opportunity to be the generation that fights for change, one small action at a time. The Earth is our only home, and we must work together to protect it for future generations.

“Why It's Alright Not To Have Everything Sorted Out As Yet”

— Saina Dhungel (X B)

At 14, I realized that the pressure to already know everything can be overwhelming. Everyone is always asking, "What do you want to be when you grow up?" or "What are you going to do with your life in the future?" And honestly, sometimes I don't even know. But what I have realized is that it's okay not to know everything yet. We're all on a journey, and we get to take our time figuring things out.

Let's talk about expectations first. Society, and even family and friends sometimes, seem to expect us to live up to a level where we're supposed to know precisely what we want to do in life when we're young. We're supposed to have our career plan set, be sports or music prodigies, and always know what we're passionate about. But that's a whole lot of pressure! We're still discovering things, growing, and learning. It's fine not to have it together when you're still trying to determine who you are and what you enjoy.

I think it's okay to remind ourselves that life is a journey, not a competition. Nobody wants you to have all the answers right this moment. It's fine to change your mind on what you want to do. One day you think you want to be a doctor, and the next a scientist or maybe an artist. That's being a kid -- experimenting, doing something different, and discovering what you like.

Exhibition

Our Grade 9 and 10 students hosted an exhibition on Jestha 22, 2082, on the Pathshala Pre-Uni building premises to mark Environment Day.



I also understand now it's okay, I'm not quite sure what my career is going to be like because there are so many possibilities to sort through. No formula exists for "figuring it out," and you don't have to meet some deadline. You may discover your passion as you attempt something new, like joining a club, volunteering, traveling abroad, or meeting a person who inspires you. You may find yourself doing something that you never imagined but which fires you up.

That is the most wonderful thing about life — surprises abound. Another thing I've learned is that it's okay to get things done one at a time. You don't have to decide on everything right this second, and it's completely okay if you have no idea what you want to do with the rest of your life. High school is all about trying new things, figuring out what you're into, and getting a sense of who you are as a person. Even if you don't know everything just yet, you're learning and growing, and that's what's important. In short, it's fine not to have it all together at 14 (at least a bit later, at least!).

Life is all about trying things out, learning, and finding out who you are. So, don't rush it. Allow yourself time to figure out what you enjoy and what makes you happy. Don't worry, you don't need to know everything right now, and that's okay.

Just have fun!



Some moments captured from the Exhibition.

They shared practical solutions and steps to care for the environment.

पाठशाला प्रकृति काव्योत्सव: २०८२

विश्व वातावरण दिवसको अवसरमा पाठशाला नेपाल फाउन्डेसनमा ‘पाठशाला प्रकृति काव्योत्सव: २०८२’ सम्पन्न भएको थियो। पाठशाला नेपाल फाउन्डेसन बानेश्वर स्थित मदनकृष्ण नाट्यशालामा उपत्यकाव्यापी विद्यालयस्तरीय कविता प्रतियोगिताको आयोजना गरिएको थियो ।

प्रतियोगितामा उपत्यकाभरिबाट प्राप्त सयौँ कविता मध्ये छनौट गरिएका ३० वटा विद्यालयका ५८ वटा कविताबिच प्रतिस्पर्धा भएको थियो । लिजा विष्टको अध्यक्षता संञ्चालित सो प्रतियोगितामा व्यङ्ग्य कवि लक्ष्मण गाम्नागे प्रमुख आतिथ्यका रूपमा थिए भने स्थापित कवि अर्जुन पराजुलीको विशेष आतिथिका रूपमा थिए।

कार्यक्रममा वरिष्ठ साहित्यकार रामप्रसाद ज्ञवाली, विद्यालयका प्रिन्सिपल अनिता कुमारी तामाङ, कवि मधुस न्यौपाने, कार्यक्रम संयोजक धर्म पोखरेल, लय कोइराला लगायतको उपस्थिति रहेको थियो।

उक्त कार्यक्रममा प्रमुख अतिथिका रूपमा बोल्दै लक्ष्मण गाम्नागेले यस्ता कार्यक्रमले बालबालिकाको सुनौलो भविष्य निर्माण गर्ने र वातावरणप्रति सचेत रहन सहयोग पुर्याउने धारणा राखेका थिए । विद्यालयका संस्थापक एवम् प्राज्ञिक निर्देशक प्रा.डा. रामप्रसाद ज्ञवालीले आगन्तुकहरुलाई धन्यवाद व्यक्त गर्दै पाठशालाले अनुशासित, इमानदार र कर्तव्यनिष्ठ प्रतिभाको खोजी गर्ने धाराणा राखे ।

यसैगरी विद्यालयकी संस्थापक प्राचार्य अनिताकुमारी तामाङले विद्यालयको प्राङ्गणमा विभिन्न विद्यालयका शिक्षक र विद्यार्थीहरुलाई स्वागत गर्न पाउँदा खुसी लागेको बताए।

उक्त अवसरमा व्यङ्ग्य कवि अर्जुन पराजुली, कवि रूपक अलङ्कार, कवि प्रज्वल अधिकारी र कवि समिरन चालिसेले आफ्ना रचनासमेत वाचन गरेका थिए।

सो कार्यक्रममा नव ज्योति माध्यमिक विद्यालयमा कक्षा दसमा अध्ययनरत छात्र दर्शक आचार्यको ‘प्रेमपत्र प्रकृतिलाई’ शीर्षकको कविता प्रथम भएको थियो ।

यसैगरी द्वितीय नेपाल विद्याश्रमका पङ्कज विनाडी, तृतीय जेम्स स्कुलका सोनियारानी बराल तथा सान्त्वना पुरस्कार प्राप्ति अधिकारी र रोचक रेग्मीले प्राप्त गरे ।



Highlights from Pathshala Prakriti Kavyotsav: 2082

उक्त कार्यक्रममा स्थापित कविहरु रमेश पौडेल, प्रज्वल अधिकारी र रूपक अलङ्कार निर्णायकका रूपमा रहेका थिए।

प्रथम, द्वितीय, तृतीय र सान्तवनालाई क्रमशः १५ हजार रुपैयाँ, १० हजार रुपैयाँ , ७ हजार रुपैयाँ र ५ हजार रुपैयाँ पुरस्कार सँगै प्रमाणपत्र र मेडल प्रदान गरिएको थियो।



Students singing the national anthem during the Pathshala Prakriti Kavyotsav 2082.

Upcoming Events

Academic session

New academic session for Grade XII will begin from Asar 5, 2082 BS, followed by an induction session. Before the classes begin, teachers will be invited to attend the ‘Annual Strategic Workshop.’

Bhanu Jayanti Celebration

Students of grades IX and X will come together to celebrate ‘Bhanu Jayanti’ on Asar 27, 2082.

Quiz Contest

A quiz contest will be held for the students of Grades IX and X on Asar 17, 2082.