



NEWSLETTER


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"At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents."
- Jane D. Hull


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From the Principal's Desk

Dear Parents, Guardians and all the school community,
Happy Dashain-2081!

All the festivals give opportunities to be with our loved ones, spread love and happiness. Similarly, every kinds of festivals are time to practice self-reflection with commitment, then practice to win over any kinds of negativities within ourselves and celebrate the victory. May this Dashain also bring such victory for everyone in the world and enable to live a meaningful life filled with humbleness, love and care, creativity, service to humankind and entire motherland, mother earth and nature!

Pathshala Family also keep them in our prayer who are not able to enjoy this Dashain due to the weather havocs recently and due to various reasons in the entire world.

I am excited to mention that this festive vacation will provide our team of students, teachers, staff, parents and management to enjoy the festival responsibly and rejuvenate to be much better version of self in upcoming days and feel much prepared for meaningful life ahead.

Heartfelt Gratitude!

We extend our heartfelt gratitude to all ATP members, parents, GTs and admin-officials for your prompt and organized response during this recent period of adverse weather. Your cooperation and swift actions have been crucial in updating the status of Pathshala family and decide further about school days.

As we continue to hear about weather forecasts and geographical warnings about unpredictable conditions, we kindly remind everyone to remain alert and cautious. Should you require any assistance or support, especially regarding student's education or emotional status, please feel free to contact your child's GT or school directly.

In addition, we encourage you to share the contact numbers of family members and close relatives with your children, ensuring they know whom to contact in case of emergencies. It is equally important to teach them how to use emergency numbers, such as the local police and ambulance services.

Mid Term Test

We have recently completed the Mid Term Tests (MTT) for grades 4 to 8. The students have worked diligently, and we appreciate the support and encouragement from parents during this period. The result is sent with respective students, and we look forward to discussing each child's progress in the upcoming parent-teacher meetings.

Sports Meet 2081: The Importance of Games and Sports

In addition to academic success, we also recognize the importance of physical fitness and teamwork. Our biennial **Sports Meet 2081** is right around the corner, and we encourage all students to participate. Sports and games are an integral part of student life as they foster discipline, teamwork, and resilience, all of which are important life skills.

Parents' encouragement will be instrumental in motivating your children to take part in the various events. Physical activities not only promote fitness but also help in the mental well-being of students, providing a balance between academics and recreation.

We are also very much grateful to parents and guardians for your enthusiasm and support regarding parents' futsal match. It definitely will leave the positive impact on our students regarding importance of sportsmanship and more importantly, it will strengthen the bond among our Pathshala Family members with respect and understanding through fun.

House Dress Guidelines

We kindly remind parents to ensure that students wear **full trousers** as part of their house dress, rather than opting for half-pants. This guideline ensures uniformity and promotes a neat, presentable appearance among the students. Additionally, let's encourage them to wear neat and tidy white canvas with house dress. Completely white sports shoes are also allowed. Please ensure that your child adheres to this dress code for consistency and comfort.

Students Visits and Outdoor Learning: Exploring the World Beyond Classrooms

At our school, we believe that learning isn't confined to the four walls of a classroom. It is important for students to experience the world around them, observe historical and cultural landmarks, interact with diverse communities, and gain **first-hand experience** through field visits.

Recently, some of our students participated in exciting educational trips as part of our outdoor learning initiative. In the coming months, some grades will be visiting around the valley, different parts of Nepal including remote areas, and abroad as well. Please, refer Academic Coordinators' sections for the details.

These outdoor learning experiences offer multiple benefits. We believe such experiences inspire curiosity, foster critical thinking, and create lasting memories that enhance both academic learning and personal growth.

Solving persisting socio-emotional challenges of children (PBIS)

➤ Involve children in domestic chores and decision-making at home for building self-trust!

Whether it's helping with household shopping, participating in family celebrations like puja or birthday parties, or taking part in home maintenance, involving them in these tasks helps build critical life skills. This hands-on experience not only enhances their planning and management abilities but also fosters a sense of responsibility and belonging. When children feel included in family decisions, their self-confidence grows, and they are more likely to develop a proactive attitude toward their duties. By giving them responsibilities, we are equipping them with tools for real-world problem-solving and self-management, laying a strong foundation for their future.

We will soon communicate with you few other Problem Based Intervention Strategies (PBIS)!

Important Dates to mark in Kartik (Oct-Nov)

Kartik:

- i. 2nd – School resumes after Dashain vacation at Pathshala, Baneshwor for grade I-VIII due to some unavoidable situations
- ii. 4th – 1st Sunday (school runs for students as make up class)
- iii. 4th to 13th - Sports Events (We sincerely inform that classes run on regular basis and events happen only as the schedule developed for different events of different grades.)
- iv. 12th – Rehearsal of Sports Week's final day along with conduction and prize distribution of Minor Events; details to be sent after Dashain
- v. 13th – Tihar Project
- vi. 14th – Sports Meet Finale
- vii. 15th to 19th – Tihar Holidays
- viii. 20th – school resumes
- ix. 22nd – Chhath Holiday

I am proud and excited to announce that our Pre-Uni Team has introduced PRE-UNI CONNECT to share the news. It will also be attached for you for your reference so that you also can enjoy being updated about our PPUP programme, too.

How about spending sometime during this Dashain by every member of the family and set an example in front of children to build READING CULTURE? Please, communicate with respective GTs if you are interested to share about what you read and why. What a way it will be to celebrate Dashain in different way with self-reflection and reading! Enjoy!

Best wishes on the occasion of Vijaya Dashami, Tihar and Chhath !

Warm regards,

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From the Desk of Academic Coordinator

Dear Parents,

Greetings! I'm pleased to connect with you through this newsletter. While there are numerous minor and major activities underway at our school to enhance the teaching and learning experience, I'd like to highlight just a few for your reference.

Grade I: Krishna Janmashtami Celebration

Students of grade I celebrated Krishna Janmashtami through various performances including dance, skits, role-plays, and *bhajans*. The event aimed to instil the values and significance of the festival. We are immensely grateful for the active participation of the parents from the preparation to celebration of the event. We highly acknowledge parents' presence.



Grade II:

Grade 2 students celebrated 'International Friendship Day' with the theme 'Embracing Diversity, Fostering Unity,' as part of the School-Made Curriculum, which aligns with the emphasis on promoting social-emotional development in students. Program was a full package of songs, dances, poems, essays, story writing, and crafting and sharing friendship bands and cards.

These activities were designed to improve communication, teamwork, creativity, and language skills, while helping students form closer friendships. The event gave students a chance to celebrate their unique friendships and create a sense of unity in the classroom.



Grade III: Interaction with Resource Person

Grade III students had an amazing interaction session with Dr. Monica Shrestha on 'Importance of Vaccination'. The session centered on the various vaccines that children need and why they are important. It also included an informative discussion about communicable and non-communicable diseases, along with ways to prevent and treat them.



Visit to Guhyeshwari Temple

Grade 3 students visited Guhyeshwari temple, one of the shaktipeeths, where they explored it's myths, cultural and historical importance. The day was filled with fun through observation, interaction, exploration and participation.



Dashain celebration

Students of grade III celebrated Dashain through various performances including dance, skits, role-plays, and bhajans. The event aimed to instil the values and significance of the festival. We regret to limit this celebration among the students and teachers due to unanticipated consequences happening around the country due to adverse weather.



Grade VII and VIII's Cybercrime and Cyber Security Workshop

We were fortunate to have Dr. Shree Krishna Bhattarai, an expert in cybercrime leading an incredibly engaging sessions on "Cybercrime and Cyber Security" for our Grade VIII students. The sessions were highly interactive, focusing on the types of online risks young people face today—like cyberbullying and digital privacy breaches.

Dr. Bhattarai tailored the content to the students' age group, making it relevant to how they use social media and the internet. He discussed in detail how to protect themselves online, what actions are considered cybercrimes, and the importance of responsible digital behaviour. The students asked questions and were praised for their curiosity and enthusiasm. It was a valuable learning experience that will undoubtedly help them navigate the digital world safely.



Grade VIII: Minerals in Nepal – A Session by Dr. Kabi Raj Paudyal

Our students also attended a session by Dr. Kabi Raj Paudyal on "Minerals in Nepal." This informative talk highlighted the crucial role that minerals play in Nepal's economy, sustainable development, and industrial growth. Dr. Paudyal explained how minerals contribute to the country's infrastructure, industries, and overall development, which was a real eye-opener for the students.

They learned not only about the country's resources but also how the responsible use of these minerals can lead to a brighter, more sustainable future for Nepal.

Mid Term II

We could conduct second midterm test successfully. Congratulations to all the students for their wonderful performance. We are sending the result on 16th of Asoj we will have PTC in the first week of Kartik as per the need.



Evening Support Classes

We could run first phase of the extra support class in the evening for grade VI to VIII. Support class aims to provide additional support to the students who seek close support to increase their academic performance in different subject. Yet, we could provide additional support only in two subjects for this time. WE have further plan to run similar classes in the month of Mangsir. Thank you to all the teachers and students for their effort to make this support class more meaningful.

Thank you for being such an integral part of your child's education. It's been an exciting time of learning, and we look forward to sharing more updates in the future.

Grade VI Visit to Kirtipur, a historical place

Our Grade 6 students had an enlightening one-day visit to Bagdarbar in Kirtipur. They delved into the fascinating story of Prithvi Narayan Shah and the unification of Kirtipur, gaining a deeper understanding of our rich heritage.

Grade VII, Visit to District Coordination Office

Grade 7 students explored the inner workings of the District Coordination Committee Office, gaining insights into its structure and responsibilities. This hands-on experience enhances their understanding of civic duties and community roles.

Grade IV, Art Gallery visit

Grade IV students witnessed different artworks of renowned artists in the exhibition.

Music Club: "Studio 29", Anamnagar visit

Music club students visited Studio 29 and identified the process of recordings, arrangement, and other technical parts of recordings

Arts Group (5-8)- Participation in Art Competition/ Exhibition at Taragaun Resort, organized by Jatra Events

Dance Club: Resource Person: Avinash Hamal

The students of dance club got the opportunity to learn some dance moves and interact with dancer and choreographer Mr. Avinash Hamal.

Others:

We have postponed the trip to Patan Durbar square and Bangalamukhi temple for grade 4 in the month of Kartik. Similarly, trip to Bhaktapur of grade 5 also have been postponed to Kartik due to challenging weather condition in the valley. We are also celebrating Tihar with great enthusiasm on 13th of Kartik. Every class from grade 1-8 will be participating in age and level based activities meaningfully.

Happy Dashain! May Goddess Durga bless us with good health and prosperity!

Until next issue.

Warm regards,
Sanju Acharya
Academic Coordinator

From the Desk of ECA Coordinator

Wishing You a Happy and Prosperous Dashain 2081!

Dear Parents and guardians,

As we approach the joyous festival of Dashain, we would like to extend our warmest wishes to you and your family. May this festive season bring happiness, prosperity, and success to your home. We hope that you enjoy this special time, celebrating with your loved ones and embracing the spirit of togetherness that Dashain brings.

We are very proud with participation of students in different internal and external events

External events

- Gyan Basketball tournament
- UN Math Debate League
- Table Tennis Tournament
- Jatra Art Competition
- Interaction with resource person by different ECA clubs students.
- Art gallery Visit and studio visit.

Internal events

- Vocabulary contest (I-VIII)
- Nepali Hijje Contest (I-VIII)

Please find below the upcoming ECA events to be held in the school

Sports Meet – 2081



We are excited to inform you about our upcoming Finale Sports Meet, which will take place on Wednesday, 14th Kartik. The preparations are already in full swing as students eagerly get ready to participate in both major and minor games along with March past and PT Drills. Selections for the various games are happening now, and we are thrilled to see the enthusiasm and spirit of our students.

This year's major games will include Futsal, Basketball, Chess, Swimming, and various Running events (100m, 200m, and 100x4 relay). Other games will be held throughout Ashoj and Kartik, providing plenty of excitement and opportunities for students to showcase their athletic talents.

In addition to the students' events, we are excited to involve the parents in the fun as well. We are hosting a Parents' Futsal Tournament on Kartik 3. This is a fantastic opportunity for parents to engage in friendly competition, stay active, and bond with one another.

Moreover, there will also be Teachers' Futsal Games, allowing the teachers to participate in the competitions. It promises to be a lively event where both parents and teachers can showcase their skills and enjoy a day of sports and solidarity.

We are proud of the dedication and effort that all our students, teachers and parents and Non-teaching staff are putting into these upcoming events, and we appreciate your continued support. As always, should you have any questions or need further details, please do not hesitate to reach out to us.

With regards,

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