

“A person who won’t read has no advantage over one who can’t read.”– Mark Twain

From Principal’s Desk

Dear Pathshala School Family,
Namaste!

This is moment of immense pleasure to communicate with you all once again through this newsletter of Ashadh including subjectwise news, too. Monsoon has started, bringing greenery and excitement in hearts of people as beauty added to Mother Nature. My best wishes to everyone to enjoy this bliss and spread happiness around.

Here we are with many information about school happenings and major activities for Shrawan. We humbly request everyone to remain updated accordingly and communicate with respective grade teachers for any kind of confusions and queries.

Note:

1. Visit school’s official Facebook- www.facebook.com/pnf2002 and school website- www.pathshala.edu.np to remain up to date about pictures, videos and other information on major activities of the school involving different grades. As a Pathshala Family member, sharing interesting ones also helps to increase viewers and from the point of view of sharing of learning approaches, too.
2. Inform respective Grade Teachers as soon as possible via Viber text or mail individually if anyone still had not received mail of Terminal Course Book and Parents’ Handbook yet. Otherwise, we again request everyone to go through time and again to remain updated and to share if any queries or confusions or suggestions timely.
3. Terminal Calendar of Term I was provided during Baishakh. We would like to request you to visit Website for remaining Term’s calendar as it will be kept in school website by the end of this month.

Subject-based Newsletter

This newsletter is a subject-based newsletter. Starting with the GT’s note, you get the details of the subject-wise news. Basically, it covers the objectives and activities that were done, going on, and will be done in the immediate future. This subject-based newsletter aims to update our parents and guardians with the curricular plan and progress made in the school so far. It also intends to help parents identify the areas where they can support or motivate their children to do better, and can be the part of their learning where and when possible.

Parent-Teacher Conferences (PTC)

Currently, our PTCs for the mid-term tests took place last week. Thank you to all the parents who have taken the time to participate. These meetings are an excellent opportunity to reflect on the overall performance of our students, identify areas of improvement, and collaboratively plan for their further progress in the coming days. Your presence and insights are invaluable as we work together to support our students' growth and success. You may schedule a time with your GT (4:00-4:45 PM) if you require further meeting with GT or subject teachers.

Summer Time: Self-Care and Safety

As we move into the summer months, it is crucial to focus on self-care and safety for both students and staff, both at home and at school. Here are some essential tips to help everyone stay safe and healthy during the hot season:

- **Stay Hydrated:** Ensure that your child carries a water bottle to school. Drink plenty of water, little by little, throughout the day, even if you do not feel thirsty.
- **Eat a Balanced Diet:** Include plenty of fruits and vegetables in your diet to stay hydrated and get necessary nutrients.
- **Light Meals:** Eating light meals can help prevent discomfort.
- **Be Cautious with Food Storage:** Ensure that food is stored properly to prevent foodborne illnesses.

- **Avoid Excessive Sun Exposure:** Encourage students to use of umbrellas, hats, and sunscreen to protect against harmful UV rays, especially, when they are outdoor for a long time.
- **Wear Protective Clothing:** Light, loose-fitting, and light-colored clothing can help protect against sun exposure.
- **Proper Ventilation:** Ensure good ventilation at home and in classrooms to avoid heat-related illnesses.
- **Regular Baths:** Encourage children to take regular baths to stay cool and maintain hygiene.
- **Practice Good Hygiene:** Wash hands frequently with soap and water to prevent the spread of infections.
- **Stay Informed:** Keep updated with weather forecasts and heat alerts to plan activities accordingly.

Additionally, it is important to be vigilant about diseases that commonly spread during the summer, such as chickenpox, food poisoning, and flu. Ensure that your child maintains good hygiene, washes hands regularly, and avoids close contact with those who are ill.

Clothes Donation Drive for Flood Victims

Pathshala Social Welfare Club will be organizing a clothes donation drive to support flood victims and those in need. The collection will take place from the 23rd of Ashadh till the 7th of Shrawan. You may send the clothes with your child in a bag with student's name and class. **PLEASE, ENCOURAGE CHILDREN TO UNDERSTAND THAT IT IS ACTUALLY AN OPPORTUNITY FOR OUR CHILDREN TO LEARN THE HUMBLENESS AND SENSE OF SHARING AND CARING.** This is to **build the sense of responsibilities** in them rather than just as an act of donating. Therefore, you are requested to encourage them to take initiations on themselves and bring clothes of proper condition, well cleaned and packed.

Students and teachers form the club will carry on the further tasks of donation with the help of school management. This initiative is a wonderful opportunity for our students to learn about the importance of community service and empathy.

Account Department

Thank you all for your support in the timely payment of the bills so far. The school will send bill of Ashadh by the last week of this month. We request you for your kind support as usual by making payment in time.

Congratulations to the SEE Graduates of 2080!

A heartfelt congratulations to all the SEE graduates of the batch of 2080!

The Graduation Ceremony for this batch was held on Monday, 17th Ashadh. Programme happened to be very worthy and inspiring for our SEE graduates words of wisdom and guidance by Mr. Paras Khadka, the chief guests, CEO Mr. Ishwor Adhikari, our alumnus and representatives of SEE graduates.

We extend our gratitude to the students, parents, and faculty for their relentless efforts throughout this journey.

We wish our graduates for their academic and personal success in the years ahead with commitment and confidence.

We are now accepting applications for Grade XI as a part of Pathshala Pre-Uni Programme (PPUP) at Pathshala, Baneshwor. For information on the admission process and counseling, please, visit Pathshala Pre-Uni Block, Baneshwor or contact our reception.

Important Dates to Remember in Ashadh and Shrawan

Ashadh:

1. 23rd-28th : The Week of Bhanu Jayanti celebration with various class-based activities (28th is the closing ceremony day with presentations and prizes distribution.)
2. 23rd : Mini Workshop on Psychological First Aid to teachers
3. 26th : Swimming Competition of grade III-VIII (details at ECA Cod's Desk)
4. 27th : Syllabus and Routine sending for First Terminal Examination

Shrawan:

1. 6th : Guru Purnima (**SCHOOL OPENS FOR ALL!** Few details of celebration will be sent via diaries or Viber text next week.)
2. 11th : First Term Examination starts for grade III-VIII
3. 20th to 25th : Term Break (Result Preparation and Terminal Workshop of Teachers)
4. 27th : Classes resumes
5. 28th to 29th : Handwriting Workshop for students (grade III-VIII)

Thanking everyone once again!

Sincerely,
Anita Tamang

From the desk of Academic Coordinator

Respected Parents/Guardians,
Greetings!

It is my privilege to reach out to you through 2nd Newsletter of the year. Allow me to begin with note of thanks to all the students for their interest, enthusiasm and dedication to participate in each activity; grade wise and age wise. Similarly to all the parents for creating learning and motivating environment at home to grow our students the way they have to. Parents Teachers Conference (PTC) of first Mid Term is over and now we are in the process to work out according to the feedback and the priorities. Please, stay connected with respective grade teachers and get informed in the areas where our students are working, immediate support being provided at school and the support they seek from the home. We believe that together we can make difference.

As per the objectives of our curriculum including both government and school made, we develop a monthly academic calendar including major teaching learning activities. Grade wise details we can find in the grade wise and subject specific newsletter being attached herewith. Gradewise projects for the first term is in the process. As per the need, some part of the projects will be done at school and some will be sent to home to do independently where parents/guardians might have to provide small help as per the need. But we encourage our students from grade 6 onwards to do project works independently with dedication. Please, do ensure that students follow home study routine and have invested at least suggested time for the study. Let me share the written home assignment: suggested **average time** as per the **Parent's Hand Book**.

Grades 1 and 2:	45 to 60 minutes in a day
Grades 3 and 4:	1 hr. to 1.5 hrs.
Grades 5 and 6:	1.5 to 2 hrs.
Grades 7-8:	2 to 3 hrs.

As we had our monthly department workshop on 16th of Ashadh, our team of the teachers have been more equipped with the ideas of activities to incorporate in each classroom teaching learning process to make learning more engaging and fun filled which will encourage our young learners to participate in learning and exploring more actively in and out the classroom. We have a plan to take our students to visit different government offices say ward office, office of metropolitan city, district coordination office, etc. to explore more educational institutions as per our school made curriculum.

First Term Exam begins from the second week of Shrawan.

Meet you through next issue of the newsletter!

Regards.
Tr. Sanju Acharya (9851072592)

From the desk of ECA Coordinator

Warm greetings dear parents and guardians!

We hope this newsletter finds you well. Untiring support and cooperation from all our parents have helped ECA department to make magnificent beginning of the session. We are delighted to share the exciting developments and accomplishments within our Extra Curricular Activities (ECA) Program.

- We are thrilled to announce that our students have completed Swimming package (Gr. I – VII). Our young swimmers have shown progress and enthusiasm in the pool. To celebrate this achievement, we will be hosting a mini swim meet on 3rd week of Ashadh.
- Our Budding musician from Pathshala Music club organized a short program on the occasion of International Music Day showcasing their musical talent followed by information sharing. Students from grade VII –X Participated in 11th Kirtipur cup inter school boys and girls basketball tournament where both boys and girls team made up to pre quarterfinal.
- Our students participated in another event of National Inter School Table Tennis Tournament organized by Society for Physical Education and Sports (SOPHES).
- Nepali Sahitya Club is going to organize Bhanu Jayanti program where students of grade I – VIII will participate in different activities of Nepali language arts.

We are incredibly proud of our students' achievements and their active participation in these diverse activities. Your support and encouragement play significant role in their success, and we look forward to seeing you at upcoming events.

Sincerely,

ECA Coordinator

Pawan Sapkota (9841441325)

Celebration of "International Day of Families" (Grade I)



World Cultural Diversity Day Celebration (Grade V)



Buddha Jayanti Celebration (Grade II)



Vegetable Day Celebration (Grade III)



World Environment Day Celebration



SEE Graduation Ceremony

